



FY24 Recovery Oriented System of Care

The *Quadruple Aims of Health Care* provides a framework for Region 3's approach to optimizing behavioral health system performance. The Region 3 Behavioral Health Services Network is built upon core values of a **Recovery Oriented System of Care** that call for services to be trauma-informed, culturally responsive, community-based, co-occurring disorders competent, and incorporates person and family-centered and self-directed approaches to care that build upon the strengths and resilience of individuals across the life span, families, and communities. Service development and delivery, funding, and operational decisions are made in support of services and activities that promote recovery for adults and resiliency for children, prevent problem behaviors across an individual's life span, and facilitate community competency, leadership, and partnership.

Quadruple Aim of Healthcare

Framework to optimize the experiences of individuals involved in the behavioral health system and the system's overall performance



Data Driven Quality Improvement

The Regional Quality Improvement Team will provide leadership and direction for the Region 3 Network QI activities including the Network QI Performance Measurement and Reporting Plan. The Network will utilize information from a variety of sources, including provider specific, regionally, and statewide generated data, to make data driven decisions regarding allocation of funding. Data used will be generated from the:

- Centralized Data System (CDS), including utilization, waitlist and capacity data;
- Electronic Billing System (EBS) using available reports;
- Region 3 Network Providers' data to advocate for service allocations and system enhancements;
- Nebraska Prevention Information Reporting System (NPIRS) data system; and
- *ValiData Outcomes: Post Discharge Tracking Project*, maintain post-treatment connection with individuals served, improve re-engagement in the event symptoms recur, enhance data collection methods, and utilize persons served responses and feedback to enhance treatment and recovery services and supports across the Network.

Balanced Array

It is Region 3's intent to support and manage a comprehensive, continuous and integrated system of care and service array of mental health and substance use disorder treatment, prevention, rehabilitative, and recovery support services with sufficient capacity for designated geographic area throughout the fiscal year. The expectation is to fund a balanced array of services within a continuum of services that supports access and choice.