



MEETING OF THE REGION 3 BEHAVIORAL HEALTH ADVISORY COMMITTEE

March 23, 2023

MINUTES

1. Welcome and Introductions

Grace Mims welcomed everyone one to the meeting and introductions were conducted.

- Sharyl Gilles, Family to Family Coordinator
- Grace Mims, Ph.D., UNK Counseling and School Psychology
- Maddie Bobrick, ASL Interpreter – Linguabee
- Tricia Harvey, ASL Interpreter - Linguabee
- Jen Puls, Region 3 Behavioral Health Services
- Beth Baxter, Region 3 Behavioral Health Services
- Kayl Dahlke, Region 3 Behavioral Health Services
- Sharon Price, Nebraska Commission for the Deaf and Hard of Hearing
- Gary Quandt, Hall County Governing Board Representative
- Kerry Slaymaker, Region 3 Behavioral Health Services
- Tammy Fiala, Region 3 Behavioral Health Services
- Kam Rathjen, Family Member
- Karla Bennetts, Families CARE
- Tiffany Gressley, Region 3 Behavioral Health Services
- Jackie Klein, Family Member

2. Review of Open Meetings Act

Beth Baxter reviewed the intent of the Open Meetings Act with the Behavioral Health Committee Members. The public has an opportunity to participate in meetings and hear what is going on. Beth offered to send a copy of the Open Meetings Act to anyone interested. There were no takers on the copies.

3. Comments from the Public

Beth Baxter asked if there were any comments. There were no public comments for this meeting.

4. Review of January 26, 2023 Meeting Minutes

Karla Bennetts made a motion to approve the January 26, 2023 Behavioral Health Advisory Committee Meeting Minutes. Sharyl Gilles seconded the motion. Motion passed.

5. Regional Consumer Specialist Update

Tammy Fiala said she has been working on the May 9, 2023 Consumer Conference at the Grand Island I-80 Quality Inn. She said this is the first in-person conference since 2019. Tammy said she has scholarship forms for individuals who experience a behavioral health challenge, family members, and caregivers. They are also working on getting speakers for the conference. Tammy

said May 18, 2023 is Children's Mental Health Day and she is on the planning committee with Families CARE. Tammy said she is on a Planning Committee for workplace initiative, to engage employers, provide training, and enhance the number of QPR and Mental Health First Aid trainings being offered.

6. Presentation of the F2024 Regional Budget Plan

a. Region 3 FY23 Program Expenditures Report

Kerry Slaymaker reviewed the Network Expenditures through February 28, 2023 of the fiscal year, which is 67%, listing all services through the state contract. Each service listed shows the budgeted amount and the percentage paid out. Kerry explained how each service is either rate based or expense reimbursement, which effects how much of their budgeted amount was paid to the provider. Mental Health services have paid out 45%. Kerry said Substance Use Disorder funds have been 46% paid. Kerry said there has been lower utilization of Region 3 funds since Medicaid Expansion began and possibly after April 1, 2023, when some people will come off Medicaid and there will be preemptive change. She reviewed each of the Other Reinvestment Projects, which have been 23% paid out and the remaining amounts can carry on the next year's budget plan. Kerry said overall 45% of the budget has been paid, there are a couple of unpaid items which will be asked to move in a budget shift in April 2023.

b. Overview, Network Management and System Coordination

Beth Baxter provided an overview of the purpose of the Regional Budget Plan process and the components considered during the planning process to support the overarching system goal. She described how informed decisions are being made with our balanced array of services, throughout the Network management and system Coordination. Beth said reviewed the timeline where they started working on the FY24 budget plan December 21, 2023, presenting to the Regional Governing Board tomorrow, and what is left to do between now and June 30, 2023.

c. Impact of FY23 Provider Rate Increase on FY24 Budget

Beth Baxter said funds were carried over for an increase to providers from FY22, however the newly elected governor did not include these funds in his budget plan. The Appropriation Committee is currently considering including these funds. Discussion was held and Beth said if the funds are not given for the rate increase there will be a cut in capacity of services and reinvestment strategies will be reduced depending on the decision of the Appropriations Committee. Beth will keep us informed when she decisions are reached.

d. FY24 Budget

Kerry Slaymaker reviewed the FY24 Budget Plan, which shows all services in alphabetical order to be funded in the FY24 Regional Budget Plan. The columns on the report show the amount budgeted in FY23, the proposed amount for FY24 and the last column shows the difference between the two amounts either increased or decreased. The asterisk before the service notes Medicaid services. Kerry provided insight to some of the changes that were not due to Medicaid expansion. Kerry said the FY24 Budget for Mental Health Services was a decreased by \$1,063,809 and Substance Use Disorder was decreased \$484,983. Kerry described the differences in funding and if there were restrictions on how the funds could be spent, for example, some funds were designated for Recovery Housing only. Kerry also described new or enhanced services for FY24, as well as, changes in services and providers. She said the Block Grant dollars are available from May 1, 2022 through September 30, 2025, with additional dollars for more project spent per year. Kerry said she anticipates

County Fund Matches will remain the same; however, the required amount of County Match Funds depends on the legislature's decision regarding the FY24-25 biennium budget.

7. Region 3 Quality Improvement Report

a. FY23 Network Quality Measures Report for 2nd Quarter

Kayl Dahlke reviewed the 2nd Quarter (October through December) outcomes of the FY2023 Network Quality Improvement Plan: Performance measurement and Reporting document. Kayl highlighted the consumer satisfaction measure outcomes, access measure outcomes, and performance measures. Access measures include Housing Assistance Program, Supported Employment, and Medication Management. Performance Measures include goals for stable living at discharge, consumer confidence, employment at discharge, Supported Employment, Housing Assistance Program, Crisis Services, Professional Partner Program, Crisis Stabilization Unit, Transitional Age Coordinated Employment, Vets4Vets, Co-Responder Program, Strategic Opioid Response (SOR), Network Management, Peer Support, and ValiData. He said red numbers meant the target was not met and the far column showed the number of individuals for each goal.

b. Region 3 Active consumers Monthly Trends

Kayl Dahlke reviewed the point-in time report, which he runs at the beginning of each month. He highlighted each graph, which shows both mental health and substance use disorder information for the past seven months. He said this is for the total number being served in the Region 3 service area, the number is down overall due to cleaning up data in the CDS and the workforce shortages. Kayl asked if there were any questions. There were none.

8. Networking and Other

- ❖ Karla Bennetts, Families CARE, said the Children's Mental Health Day celebration will be on May 18, 2023 at the Families CARE office. She said there would be food, fun, a bounce house, tables and booths with activities for all ages. Freedom Riders will be at the event as well. Karla said the t-shirts would have the theme awareness means the world to us.
- ❖ Elaine Anderson, Vocational Rehabilitation, said they are working on outreach to diverse groups beginning with letters to groups/churches and then phone calls. She said before Christmas they were making regular visits to Richard Young Behavioral Health and will begin the visits again soon.

9. Date of Next Meeting:

The FY24 Regional Budget Plan Presentation will be on Thursday, July 27, 2023 from 1:30 p.m. to 3:30 p.m. in-person at Region 3 Behavioral Health Services, 4009 6th Ave Suite 65, Kearney, NE. The remaining date of Behavioral Health Committee Meeting for 2023 is October 26, 2023.

Grace Mims thanked Beth Baxter for her years of service at Region 3. She said Beth welcomed Grace to UNK. Beth provided a brief overview of her work history and her time at Region 3 Behavioral Health Services. Karla said Beth was essential to the development of Families CARE. Beth said she originally worked with two families of children who experienced behavioral health disorder who wanted to develop a family run advocacy organization. Tammy Fiala said Beth was important to consumer voice, inclusion, and advocates for them. Beth said we took advantage of opportunities that came our way and we worked together. Grace said Beth has built a phenomenal foundation. Beth said Cake Day (her retirement date) is June 30, 2023 and cake fixes everything.

10. Adjourn

Grace Mims adjourned the meeting.