



Behavioral Health Services

**MEETING OF THE  
REGION 3 BEHAVIORAL HEALTH ADVISORY COMMITTEE**

March 21, 2024

**MINUTES**

1. Welcome and Introductions

Grace Mims welcomed everyone to the meeting and introductions were conducted.

- Gary Quandt, Hall County Regional Governing Board Member
- Kerry Slaymaker, Region 3 Behavioral Health Services
- Tiffany Gressley, Region 3 Behavioral Health Services
- Elaine Anderson, Vocational Rehabilitation
- Jen Puls, Region 3 Behavioral Health Services
- Kayl Dahlke, Region 3 Behavioral Health Services
- Suzanne Davis, Region 3 Behavioral Health Services
- Grace Mims, Ph.D., UNK Counseling and School Psychology
- Jeremy Jones, Hall County Sheriff's Department
- Hayley Jelinek, Two Rivers Public Health
- Sharyl Gilles, NAMI Central Nebraska and Family to Family
- Jenny Dolence, Families CARE
- Patsy Burnett, NAMI Central Nebraska
- Stephanie Branham, Family Member
- Tammy Fiala, Region 3 Behavioral Health Services

Tiffany Gressley said she was very appreciative for everyone attending the meeting today.

2. Posting of Open Meetings Act

Tiffany Gressley reviewed the intent of the Open Meetings Act with the Behavioral Health Committee Members. She explained how advanced publicized notice of meeting information is in the Grand Island Independent, The Hastings Tribune, and The Kearney Hub allowing the public an opportunity to participate in meetings.

3. Comments from the Public

Grace Mims said there were no public in attendance of this meeting, so there were no public comments.

4. Review of January 18, 2024 Meeting Minutes

Hayley Jelinek made a motion to approve the January 18, 2024 Behavioral Advisory Committee Meeting minutes. Gary Quandt seconded the motion. Motion approved.

5. Regional Recovery Specialist Update

Tammy Fiala said the Community Advocates Coalition has been planning the May 7, 2024 Community Advocates Conference by confirming speakers and resources. The keynote speaker will be Aaron Ross from Goodwill. There would be breakout sessions topics including yoga, grief, and suicide prevention. Tammy said she is helping plan the Children's Mental Health Event on May 16, 2024 at Harmon Park. She said WRAP I (Wellness Recovery Action Plan) training was March 6 and 7, 2024 and WRAP II would be held in April 2024. On February 9, 2024 Jacob Sandman presented LGBTQ+ training and recommended Safe Zone training by Matt Mims, which will be held on June 19, 2024 from noon to 2 p.m.

6. Presentation of the FY25 Regional Budget Plan

a. Region 3 FY24 Program Expenditures Report

Kerry Slaymaker reviewed the Network Expenditures report through February 29, 2024 of the fiscal year, which is 67%, listing all services through the state contract, including budgeted amount and percentage paid out. She said services listed with 0% typically had a small budget amount used to pay with Region 3 funds, as the service is generally Medicaid funded. Mental Health services have paid out 54% and Substance Use Disorder funds have paid out 48%. Kerry said overall 52% of the budget has been paid. She said Region 3 has two RFPs (Request For Proposal) in process and the startup funds needed for these services will take away some of the money currently in the budget. She said the other reinvestment projects through the ARPA Grants are at 13% paid and we were through 56% of the contract period.

b. Overview, Network Management and System Coordination

Tiffany Gressley provided an overview of the purpose of the Regional Budget Plan process including laying the foundation or groundwork, overall purpose, and the components considered during the planning process to support the overarching system goal and mission of Region 3. She described how informed decisions were being made with our balanced array of services, throughout the Network Management and System Coordination. Tiffany reviewed the timeline where they began working on the FY25 budget plan in December 2023, process that has happened so far, along with presenting to the Regional Governing Board tomorrow, and remaining steps between now and approximately July 10, 2024.

c. FY25 Budget Information

Kerry Slaymaker described the planning and more planning that went into the FY25 Budget Plan. Discussion was held about the legislative decision to reduce the budgets by 15%. Kerry said the Region 3 Budget Plan was cut \$2,169,276. She explained how they came to the numbers as they want to preserve every service possible with some having larger decreases than others. Kerry reviewed the FY25 Budget Plan, which shows all services in alphabetical order to be funded in the FY25 Regional Budget Plan. The columns on the report show the amount budgeted in FY24, the proposed amount for FY25 and the last column shows the difference between the two amounts either increased or decreased including the 15% budget cut. Kerry provided an example of how the Supported Employment service was modified by the Division of Behavioral Health, which was previously provided by Region 3 funds, however July 10, 2023 Region 3 was notified they were no longer able to pay for all the milestones in Supported Employment. Kerry also explained differences in expense reimbursement services versus unit based services and the difficulty to transfer funds to expense reimbursement services. She said unit based services were given a 2% rate increase which will equal less units available to purchase with the budget reduction. Kerry also explained the Federal funded services that are exempt from budget cuts. Hayley Jelinek motioned to approve the FY25 Budget Plan as described by Kerry. Elaine Anderson seconded the motion. The motion was unanimously approved.

7. Region 3 Quality Improvement
  - a. FY24 Network Quality Measures Report for 2<sup>nd</sup> Quarter

Kayl Dahlke reviewed the 2<sup>nd</sup> Quarter (October through December) outcomes of the FY2024 Network Quality Improvement Plan: Performance Measurement and Reporting document. Kayl highlighted the outcomes for individual satisfaction measure, access measure, and performance measures. Access measures include Housing Assistance Program, Supported Employment, Short Term Residential, and Medication Management. Performance Measures include goals for stable living at discharge, individual confidence, and employment at discharge, Supported Employment, Housing Assistance Program, Crisis Services, Professional Partner Program, Crisis Stabilization Unit, Transitional Age Coordinated Employment, Vets4Vets, Co-Responder Program, Strategic Opioid Response (SOR), Network Management, Peer Support, ValiData, and Recovery Support Program. He said red numbers meant the target were not met and the far column showed the number of individuals for each goal.
  - b. Region 3 FY24 Stakeholder Survey Results

Kayl Dahlke reviewed the FY24 Stakeholder Satisfaction Results. He said the top portion of the report shows results for the individual questions and the lower portion shows a three-year comparison of survey results. Kayl said over 90% for each question shows we are doing well. The stakeholder survey was completed electronically through Survey Monkey or a digital copy. He said there was a 28% response rate, which is similar to past surveys. Kayl thanked everyone for completing the survey.
8. Presentation of FY23 Region 3 Impact Report

Tiffany Gressley said she would send the Behavioral Health Advisory Committee an electronic copy of the actual Region 3 FY23 Impact Report. Tiffany provided a Power Point presentation of highlights for July 1, 2022 to July 1, 2023 Annual Impact Report. Tiffany said FY23 Expenditures were \$13,850,666 through 70.8% Direct Services, 17.3% System Enhancements, 7.0% System Coordination, and 4.9% Regional Administration and Network Management. Tiffany described the Region 3 Fiscal Management responsibilities. Network Management and System Coordination of the Region 3 service area ensures contractual obligations of the Division of Behavioral Health, which includes 15 Community-Based Network Providers and 6 Community Coalitions for Prevention Activities. Tiffany said there were a total of 4,060 unique individuals served with 82% were adults 19 and older and 18% were youth 18 and younger. Individuals often participate in more than one service a year as shown by the duplicate count of 7,520.

Tiffany shared information about the prevention system and described the different methods of working with people and the complexities of tracking number of people served through a media campaign. She spoke about prevention efforts through the number of people trained and the Targeted Response to Opioids.

Tiffany highlighted the Youth System of Care, Participant and Family System Coordination, the Emergency Psych System, Region 3 Housing Assistance Program, Region 3 Network, Region 3 Emergency Community Support, and Region 3 Professional Partner Program.

Tiffany asked if there were any questions or comments. Elaine Anderson said, “Good Job”. Grace Mims commented, “The Region 3 Annual Impact Report needs to be put in front of Legislature so they are aware of the great work done in rural areas.”
9. Networking and Other

There was none.

10. Date of Next Meeting:  
Tiffany said the next meeting would be Thursday, July 18, 2024 from 1:30 p.m. until 3:00 p.m. in-person at Region 3 Behavioral Health Services 4009 6<sup>th</sup> Ave Suite 65, Kearney. The remaining 2024 Behavioral Health Advisory Committee Meeting date will be October 17, 2024, which will be in-person also.
11. Adjourn  
Grace Mims adjourned the meeting.