



**MEETING OF THE
REGION 3 BEHAVIORAL HEALTH ADVISORY COMMITTEE**

January 18, 2024

MINUTES

1. Welcome and Introductions

Grace Mims welcomed everyone to the meeting and introductions were conducted.

- Gary Quandt, Hall County Regional Governing Board Member
- Grace Mims, Ph.D., UNK Counseling and School Psychology
- Jen Puls, Region 3 Behavioral Health Services
- Hayley Jelinek, Two Rivers Public Health
- Elaine Anderson, Vocational Rehabilitation
- Kayl Dahlke, Region 3 Behavioral Health Services
- Suzanne Davis, Region 3 Behavioral Health Services
- Tiffany Gressley, Region 3 Behavioral Health Services
- Kerry Slaymaker, Region 3 Behavioral Health Services
- Jackie Klein, Family Member
- Stephanie Branham, Family Member
- Jenny Dolence, Families CARE
- Karla Bennetts, Families CARE
- Matthew Branch, Lutheran Family Services
- Tammy Fiala, Region 3 Behavioral Health Services

Tiffany Gressley said she was very appreciative for everyone attending the meeting today.

2. Posting of Open Meetings Act

Tiffany Gressley reviewed the intent of the Open Meetings Act with the Behavioral Health Committee Members. She explained how advanced publicized notice of meeting information is in the Grand Island Independent, The Hastings Tribune, and The Kearney Hub allowing the public has an opportunity to participate in meetings. Tiffany said with the option of having two meetings in person and two virtual for this calendar year, the plan is to have the March and July meetings in-person and the October meeting virtual.

3. Election of Chairperson & Vice-Chairperson

Tiffany Gressley said every year in January the opportunity was offered to committee members to be nominated for Chairperson or Vice-Chairperson on the Behavioral Health Advisory Committee. Tiffany described the roles and responsibilities. Grace Mims, Chairperson and Elaine Anderson, Vice Chairperson were nominated by Gary Quandt. Karla Bennetts seconded the nomination. The nominations passed favorably.

4. Comments from the Public

Tiffany said there is no public in attendance of this meeting, so there were no public comments.

5. Review of Meeting Minutes
 - a. July 27, 2023 Meeting Minutes
 - b. October 26, 2023 Meeting Minutes Cancelled
Gary Quandt made a motion to approve the July 27, 2023 Behavioral Advisory Committee Meeting minutes. Elaine Anderson seconded the motion. The motion passed unanimously.

6. Recovery Specialist Update
Tammy Fiala said Region 3 is teaming up with Families CARE to provide a training for their employees on February 9, 2024 at 9:30 a.m. in the Region 3 large conference room. The training is Supporting LGBTQ+ People and Their Families: An Introduction to LGBTQ+ Concerns with speaker Jacob Sandman. Tammy said the new name of the Consumer and Family Coalition was Community Advocates Coalition. Tammy said the Community Advocates Coalitions Spring Conference would be held on May 7, 2024 at the Quality Inn in Grand Island. Tammy said February 6, 2024 at the next Community Advocates Coalition meeting Hunter Ludwig would be the speaker on the Suicide Prevention topic. Tammy said there would be a Wellness Recovery Action Planning (WRAP) 1 and 2 training offered.

7. Region 3 Financial Reports
 - a. FY25 Regional Budget Planning Timeline and Process
Kerry Slaymaker reviewed the FY25 Regional Budget Planning Timeline handout. She said the budget would begin on July 1, 2024. She said in December spreadsheets were compiled on what had been used so far this fiscal year. Yesterday, Network Providers FY24 funding requests were due to Kerry. Kerry said the requests will be reviewed and see what would work in the Region 3 budget. Preliminary budget amount is the same as this current fiscal year. Tiffany and Kerry would meet with providers to review request in individual meetings to see what Region 3 can provide. Kerry said on March 21, 2024 the FY25 budget would be presented to the Behavioral Health Advisory Committee for recommendations and approval, then March 22, 2024 presented to Regional Governing Board. She said if any changes are made by the Division of Behavioral Health to the FY25 Regional Budget Plan, there would be a presentation to the Regional Governing Board for final approval at the May 24, 2024 meeting.
Kerry Slaymaker provided a verbal Network Expenditure report. She said we are 50% of the way through the fiscal year. Mental Health Services have drawn down 40%, Substance Use Disorder Services have drawn down 36% and an overall 39%. Kerry said a couple upcoming projects with providers might come through this fiscal year. She said the report in March would be more up-to-date.

8. Conflict of Interest Policy and Statement Review
Tiffany Gressley said the Conflict of Interest Policy and Statement was reviewed annually. She said to please disclose if you have any conflicts, as a proactive measure. Tiffany said to email or mail to office the completed form. This was part of the Region 3 policy and procedures, to ensure we are transparent and good stewards with funding.

9. Region 3 Quality Improvement
 - a. FY24 1st Quarter Quality Improvement Report
Kayl Dahlke reviewed the 1st Quarter (July through September) outcomes of the FY2024 Network Quality Improvement Plan: Performance Measurement and Reporting document. Kayl highlighted the outcomes for individual satisfaction measure, access measure, and performance measures. Access measures include Housing Assistance Program, Supported

Employment, Short Term Residential, and Medication Management. Performance Measures include goals for stable living at discharge, consumer confidence, and employment at discharge, Supported Employment, Housing Assistance Program, Crisis Services, Professional Partner Program, Crisis Stabilization Unit, Transitional Age Coordinated Employment, Vets4Vets, Co-Responder Program, Strategic Opioid Response (SOR), Network Management, Peer Support, ValiData, and Recovery Support Program. He said red numbers meant the target were not met and the far column showed the number of individuals for each goal. Kayl explained how some measures were only collected semi-annually and the hope for data in the future on a few measures on newly implemented programs. Kayl said the second quarter is due by the end of the month. Discussion held about the data being collected by the Division of Behavioral Health (DBH) for the pharmacies that provided NARCAN. Tiffany said she would check with the DBH to see if the information could be shared with the Regions.

b. FY24 Point-in-Time Service Utilization Trends

Kayl Dahlke reviewed the Point-in Time Service Utilization Trends handout. He said this report shows a quick look at the number of individuals served for the past seven months. Tiffany Gressley commented with Medicaid unwinding this is a tool that could be used to see the number of people returning to our system. So far, the large number of individuals anticipated to return to our system from Medicaid had not been moving back, yet.

c. Region 3 2024 Stakeholder Survey

Kayl Dahlke said he has sent an email with the Stakeholder Survey attached and a link through Survey Monkey. Kayl said if an email was not received by a committee member, please let Kayl know and he will send an email directly.

10. Regional Administrator's Report

a. Opioid Settlement Funds Up-date

At the December 6, 2023 meeting of the Nebraska Opioid Settlement Remediation Advisory Committee, Tony Green, Interim Director for the Division of Behavioral Health (DBH), shared with the Advisory Committee that the Statewide Advisory Committee does not have the authority to enter into contracts for a statewide needs assessment or for projects received in the Request For Proposal that was released by that committee. The Statewide Advisory Committee can make recommendations to DBH for use of the funds but DBH can reject or accept those recommendations. When discussing this shift in administrative perspective, Director Green also began referring to "geographic regions" instead of "Regional Behavioral Health Authority (RBHA)" as the structure for disbursement for 50% of the 85% of funds retained at the state level. This is a significant change from all previous documents that have been released (There are at least 4 documents listed on the DHHS Opioid Settlement Remediation Advisory Committee web-page). In subsequent meetings with DBH, the RBHA's have directly inquired as to the status of additional funds to be released to the RBHA's and have not received an answer. Because of this, it is unclear when or if additional dollars will be released to the RBHA's. It is quite possible that the one allocation we received on June 30, 2023 is all the opioid settlement funds that we will be receiving. This new information calls for a pause on our part to think through and discuss the potential impact this has on the Region 3 RFP process. To give perspective on the potential financial impact, Region 3 had estimated receiving approximately \$16 million dollars over the course of 18 years to have to disburse to communities. The one payment we have received thus far is about \$1 million. We're hoping to have more clarification or information to move forward with after the next Statewide Advisory

Committee meeting on Feb. 28, 2024 where DBH is reportedly to bring forth their recommendations to the Statewide Advisory Committee.

b. Legislative Up-date

Tiffany Gressley said the Legislative Session was in full steam and described the following Nebraska Bills that effect Region 3 Behavioral Health Services the most.

- LB 929 was geared toward coordination of 911 and 988 calls and connectivity through Transportation and Telecommunication Committee and oversee administration. The goal of the bill is to facilitate the coordination of the two systems. Tiffany said Patrick Kriefel from Region 5 would testify on behalf of the Regional Administrators.
- LB943 is with the appropriations committee sponsored by Senator Dorn. The bill is to allocate funds for individuals in mental health crisis out of the emergency rooms within each region, funding crisis stabilization, and funding youth and adult crisis services.

11. Networking and Other

- Karla Bennetts, Families CARE, said they would be having the 2nd Annual Chili Cook Off fundraiser on February 29, 2024 at the Legion Hall in South Kearney to raise funds for the Children's Mental Health Event. She said the Children's Mental Health Event will be May 16, 2024 and more details would be provided in the future.
- Elaine Anderson, Vocational Rehabilitation, said she had been working on resources for a Veteran most of this morning. She also confirmed it was okay for the Vocational Rehabilitation Social Work Intern to attend the next Behavioral Health Advisory Meeting.
- Hayley Jelinek, Two Rivers Health Department, said there is a Minority Health Advisory on the fourth Tuesday of each month discussing various health care topics. She described informational packets given to inmates with drug charges, released from Harlan County, Phelps County, and Dawson County jails. Hayley said they reached out to Senior Centers with lock boxes for prescription bottles to help protect the grandchildren from accessing the medication when visiting.

12. Date of Next Meeting:

Tiffany said the next meeting would be Thursday, March 21, 2024 from 1:30 p.m. until 3:00 p.m. FY25 Regional Budget Plan Presentation in-person at Region 3 Behavioral Health Services 4009 6th Ave Suite 65, Kearney. The remaining 2024 Behavioral Health Advisory Committee Meeting dates will be July 18, 2024 and October 17, 2024.

13. Adjourn

Grace Mims adjourned the meeting.