

SERVICE CATEGORY: REHABILITATION SERVICES

SERVICE DEFINITION

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| Service Name | DAY SUPPORT |
| Funding Source | Behavioral Health |
| Setting | Facility-based/non-hospital |
| Facility or Professional License | As required by DHHS Division of Public Health |
| Basic Definition | Day Support is designed to provide social support to individuals who currently receive, or have received, treatment for serious mental illness and are in the recovery process. The intent of the service is to support the individual's wellbeing so he/she can benefit from socialization, leisure skill development, communication and coping skill development. |
| Service Expectations | <ul style="list-style-type: none"> • A mental health assessment conducted by a licensed, qualified clinician at admission or completed within 12 months prior to the date of admission that includes a current diagnosis, level of care recommendation and a discharge plan. If the prior assessment is not relevant or does not contain the necessary information, then a mental health assessment addendum would be necessary. The assessment will serve as the treatment plan until the treatment plan can be developed. • A treatment/rehabilitation/recovery plan developed by the treatment team within 30 days of admission that integrates individual strengths and needs, formal and informal supports, measurable goals, and a documented discharge and relapse prevention plan. The treatment plan is reviewed by the treatment team, including the individual served, every 120 days or as clinically indicated. • Therapeutic milieu providing active treatment/recovery/rehabilitation activities led by individuals trained in the provision of recovery principles. These activities include skill building in areas such as community living, personal care, social relationships, vocational/educational, and use of leisure time. The individual selects activities that meet their goals and needs. • Provide referrals to behavioral health and other community resources as needed. • Access to support during pre-crisis or crisis situation, with active linkage to more intensive level of care if necessary. • All services must be culturally sensitive. |

| Service Name | DAY SUPPORT |
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| Length of Services | Length of service is individualized and based on clinical criteria for admission and continuing stay, as well as the client's ability to demonstrate progress on individual treatment/recovery goals. The amount, duration, and frequency of the service will be documented in the treatment plan. |
| Staffing | <ul style="list-style-type: none"> • Clinical Supervision by a licensed professional (APRN, RN, LMHP, PLMHP, LIMHP, Licensed Psychologist, Provisionally Licensed Psychologist); working with the program to provide clinical supervision, consultation and support to direct care staff and the individuals they serve. • Direct Care staff shall have demonstrated skills and competencies in treatment with individuals with a behavioral health diagnosis, demonstrated by at least one of the following: two years lived experience; two years' direct care experience in a human service field; two years of training in a human service field; or a bachelor's degree or higher in psychology, sociology, or related human service field, which is preferred. • Personal recovery experience preferred for all positions. |
| Staffing Ratio | Staffing one worker to no more than twelve individuals |
| Hours of Operation | Regularly scheduled day, evening, and weekend hours. |
| Individual Desired Outcome | <ul style="list-style-type: none"> • Individual has established formal and informal community supports. • Individual strengthens social skills, communication abilities, and connection to others in recovery. • Individual has substantially met the individualized Day Support treatment plan goals and objectives. |

UTILIZATION GUIDELINES

DAY SUPPORT

I. Admission Guidelines

Consumer must meet all of the following admission guidelines to be admitted to this service.

1. Serious mental illness or co-occurring (mental health/substance misuse) disorders.
2. Consumer desires supports to engage in a personal recovery process.
3. Consumer does not require more intensive intervention.
4. Medically and psychiatrically stable.

II. Continued Stay Guidelines

Consumer must meet all of the following continued stay guidelines to continue receiving this service.

1. Continues to meet Admission Guidelines.
2. Consumer participates in social and other personal recovery opportunities.