



ANNUAL REPORT

2021

Region 3

Behavioral Health Services

Regional Governing Board Members

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Webster County
Trevor Karr
Wheeler County
Travis Heinz

* Denotes Executive Committee

Dear Colleagues and Friends,

We are pleased to present the Region 3 Behavioral Health Services' (Region 3) 2021 Annual Report highlighting several priorities we championed throughout the year that were designed to improve resiliency, promote recovery and support healthy communities.

Looking back at 2021 reminds us of how far we've come and the opportunities ahead of us. The theme continues to be resilience in times of uncertainty: lessons learned and mission fortified. We've continued to navigate the impact of a hard-hitting pandemic to think outside the box to address the various needs of individuals, families, employees, network providers and stakeholders. Our outreach to individuals and communities affected by the 2019 flood disaster and the ongoing COVID-19 pandemic provided resources to help them cope with emotional and financial uncertainty, to renew and thrive.

One of the significant challenges before the Region 3 behavioral health system is a depleted workforce. We are primarily a service network that is fueled by the day-to-day work of professionals on the front lines. Our network providers have experienced the loss of staff who've chosen to leave the field or moved on to other organizations. To be frank, working in the public system comes with challenges that may not present in the private sector. Our commitment to quality standards, regulations, performance metrics, oversight of public resources, to name a few, can create difficulties for our providers to navigate and thrive. Region 3's commitment to advocating for system flexibility to foster a nimbleness to meet the changing needs of individuals and communities in a timely and effective manner is alive and strong. Flexibility supports innovation that allows us to meet people where they are through the provision of the right service at the right time.

Moving forward we have a unique opportunity to reinvest in our system and strengthen partnerships that will ultimately lead to improved services and supports that will empower individuals, families and communities to achieve positive results. Our focus will be on reinvesting in the present to strengthen the future.

We wish to thank the Regional Governing Board for their continued leadership and support, the Behavioral Health Advisory Committee for their ongoing guidance, our Network Providers for their dedication to recovery and resilience and our many system partners who continually share their expertise and resources to allow the system of care to be responsive to the many needs of those we serve. We also wish to thank our employees who bring their can-do spirit that facilitates our mission to foster recovery and resilience for individuals and their families who experience a behavioral health disorder.

If we look deep enough we know that every challenge can be balanced by opportunity. Our focus is not on how to overcome adversity, instead it's our choice to embrace the unique opportunities that emerge. The opportunities of leadership, innovation and functioning in our areas of greatest strength. We ask that you join us in this journey.

Sincerely,

Helen Cullers, Chairperson, Region 3 Governing Board

Beth Baxter, Regional Administrator



Behavioral Health Advisory Committee

Brenda Miner Chairperson	Patsy Burnett
Grace Mims Vice Chairperson	Aletheir Evans
Wayne Adamson	Sharyl Gilles
Elaine Anderson	Susan Henrie
Troy Arends	Shannon Hopson
Karla Bennetts	Theresa Puls
	Karen Bredthauer



Region 3's programs accredited by CARF:

- Professional Partner Program
- Emergency Community Support
- Network

Accountability through leadership, knowledge, and verification promotes trust.

A guiding principle of Region 3 Behavioral Health Services is “no money, no mission.” To this end, Region 3, in collaboration with the Regional Behavioral Health Advisory Committee, the Region 3 Behavioral Health Provider Network, Region 3 Consumer and Family Coalition and other stakeholders, at the direction of the Regional Governing Board, develops and submits an annual budget plan to the Department of Health and Human Services, Division of Behavioral Health (DBH) that includes DBH and Region 3 county matching funds. Region 3 reports to DBH, the Regional Governing Board and the Behavioral Health Advisory Committee on a regular basis the utilization of funds across the continuum of care. Region 3 also contracts with other sources including the DHHS Division of Public Health and the Behavioral Health Education Center of Nebraska for the support of system enhancement, coordination, and training activities across the Region 3 area.

Fiscal Year 2021 in Review

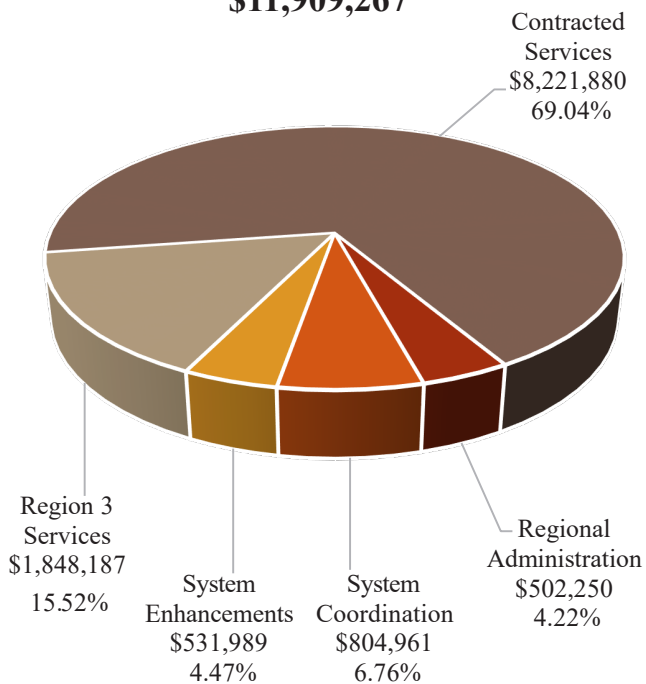
A total of \$11,909,267 was expended by Region 3 in the fiscal year ended June 30, 2021.

- 84.56% of the funds were expended on Direct Services,
- 6.76% on System Coordination,
- 4.22% on Network Administration, and
- 4.47% on System Enhancements.

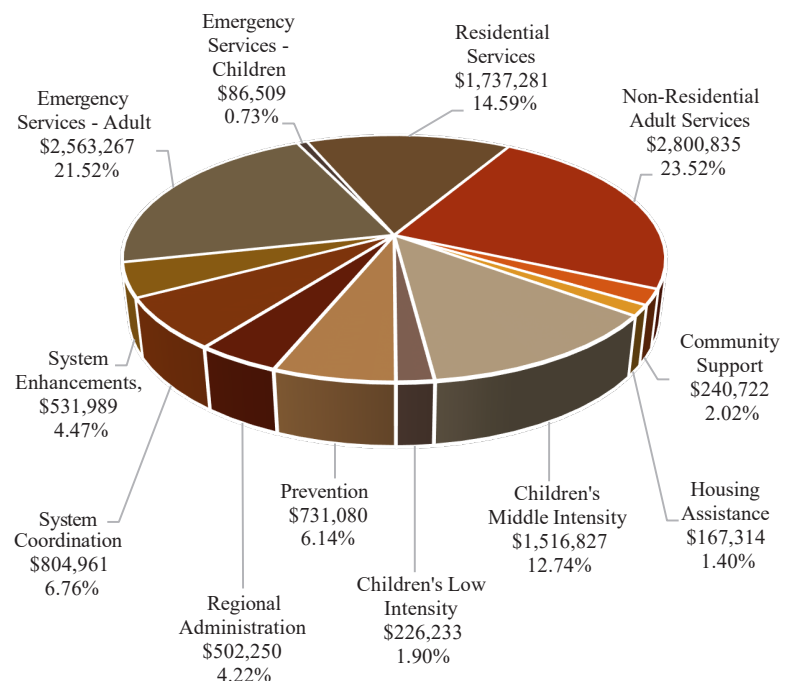
Accountability for Effective and Efficient Utilization of Public Resources

- System planning, resource assessment and budgeting,
- Contract development and monitoring,
- Tracking and reporting of billing and utilization data to make informed financial decisions,
- Tracking access and performance metrics and standards,
- Fiscal and programmatic reviews of network providers,
- Internal controls,
- Risk management, and
- Internal auditing and external independent auditing.

FY2021 Service Expenditures of \$11,909,267



FY2021 Expenditures by Category



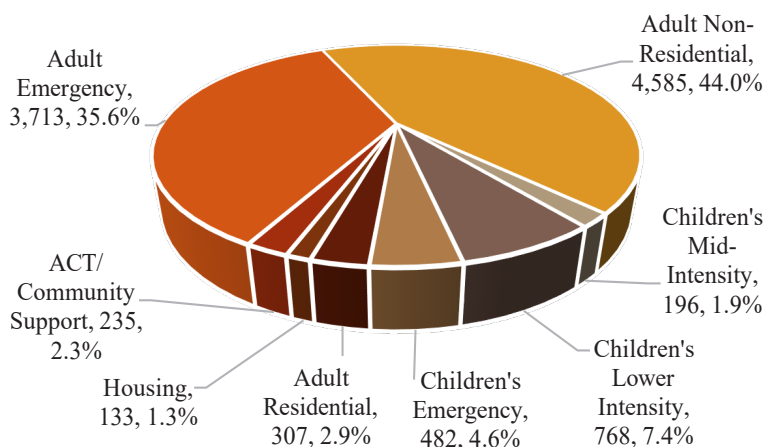
NETWORK MANAGEMENT AND SYSTEM COORDINATION

Region 3 Behavioral Health Services (Region 3), a nationally accredited network, provides the framework for effective system coordination that is accomplished through a well-planned, strategic, strengths-based, recovery-focused process that empowers individuals and communities to achieve positive results. The Region 3 Provider Network consisted of sixteen (16) community-based agencies serving children, adults and families through a comprehensive array of mental health and substance use disorder services. Region 3 also contracts with seven grass-roots prevention coalitions that address mental health promotion and substance use prevention in their communities.

Individuals who experience a behavioral health disorder may also experience challenges in various areas of their life such as home, community interactions, employment and education. People in recovery often benefit from participating in several services offered by a variety of systems. Through the Region's Continuous Quality Improvement initiatives, Region 3 tracks and reports on identified performance measures designed to improve service effectiveness and efficiency across systems. Region 3 provides Regional System Coordination for the following major systems in the twenty-two counties of Region 3.



Persons Served by Level of Care



Gender

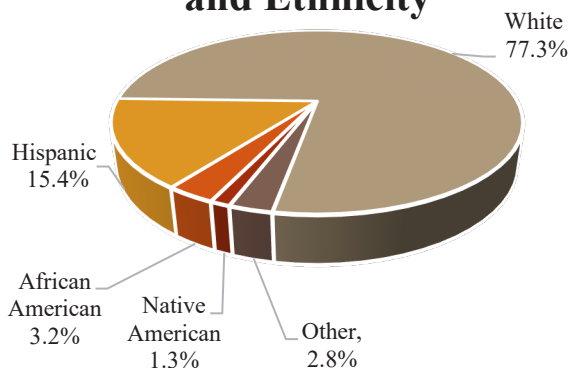
- 49.9% Male
- 50.1% Female

Reasons for Admission:

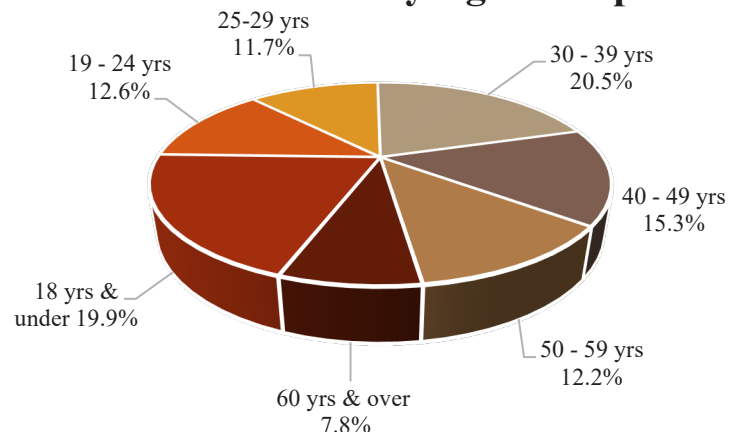
- 65.3% of persons served were admitted for a primary mental health disorder.
- 26.7% had a primary substance use disorder.
- 8.0% experienced a dual diagnosis of a primary mental illness and primary substance use disorder.

The graph above is a duplicated count of individuals served by level of care (n=10,419) as many may be involved in multiple services across the continuum of care during the year.

Persons Served by Race and Ethnicity



Persons Served by Age Group



PREVENTION SYSTEM COORDINATION

Prevention is an important component of the continuum of care in behavioral health. Prevention professionals assess risk and protective factors, relevant data, and capacity needed prior to implementing prevention efforts. Prevention System Coordination provides ongoing technical assistance and training for Community Coalitions and system partners on substance use prevention, mental health promotion and suicide prevention.

Our Network Coalitions

37,686 Individuals Directly Served

Working together to improve the health of Region 3 communities through a comprehensive array of individual and environmental prevention strategies, Region 3 contracted with six community prevention coalitions who directly served 37,686 individuals of all ages during fiscal year 2021. Indirect universal strategies, such as media campaigns, reached additional individuals across the 22 counties. Region 3 also provides support to the Buffalo County Tobacco Free Coalition.



Mental Health/Youth Mental Health First Aid

150 Individuals Trained

Mental Health First Aid is a skills-based training course that teaches participants about mental health and substance-use issues in adults and young people.

Suicide Prevention

113 Individuals Trained

Question, Persuade, Refer (QPR) is an evidence-based training for individuals who are in a position to identify people at risk of suicide. Early identification is crucial in order to prevent self-harm and is the starting point of suicide prevention. Participants learn to recognize the warning signs of suicide, how to offer hope, get help and save lives.

Restorative Trauma Informed Care

2,111 Individuals Trained

Region 3 and the Behavioral Health Education Center of Nebraska (BHECN) have a collaborative working relationship with the goal of creating healthy and restorative trauma informed care environments for the behavioral health workforce and those served. Training topics during fiscal year 2021 included Trauma 101 & Recovery, Compassion Fatigue, Mindfulness, Calmer Classrooms, Trauma 2.0, Helping Adults Cope with Grief, Coping with COVID, Trauma & Children, Grounding, and Stress & Anxiety for Kids and Teens.

Targeted Response to Opioids

Region 3 partnered with Community Coalitions to implement strategies to prevent the illicit use of opioids. Coalitions provided educational opportunities to raise awareness about the risk of opioid misuse and overdose and hosted *Safe Drug Disposal/Prescription Take Back* events in fiscal year 2021 that resulted in 788 pounds of medication being collected and appropriately disposed of. Additionally, coalitions provided 85 SHARP takeaway medication envelopes, 487 Detera drug deactivation systems and 2,106 DisposeRX single use drug disposal packages.

Region 3 provided 612 Narcan kits to first responders including law enforcement and emergency personnel in all 22 counties of Region 3 to prevent overdose deaths by opioids during their interaction with people throughout the Region 3 area. Region 3 also promoted Medication Assisted Treatment to increase the likelihood of recovery of opioid addiction.



YOUTH SYSTEM OF CARE COORDINATION

A total of 1,446 youth ages 18 and under were served through the Region 3 Youth System of Care. Services include Crisis Response, Peer Support, Professional Partner Program/Wraparound, Therapeutic Consultation, Suicide Prevention, Transition Age Youth Peer Support, Transition Age Emergency Community Support, Transition Age Coordinated Employment, Medication Management, Outpatient Therapy and several evidenced based interventions including Trauma-Focused Cognitive Behavioral Therapy, Parent Child Interaction Therapy, Parent Child Psychotherapy, Eye Movement Desensitization and Reprocessing (EMDR) for youth and families to access within the 22 counties of Region 3.

The Youth Crisis Response system assists families in developing a plan to resolve the crisis and create an ongoing plan for safety. Goals are to (a) intervene, stabilize and resolve a crisis situation, (b) prevent youth from entering higher levels of service, (c) avoid further legal system involvement, and (d) connect to referral sources that focus on wellness and coordination to help the youth and/or family facilitate involvement in ongoing services. From May 1, 2017 through June 30, 2021, a total of 1,454 youth and young adults were served through Youth Crisis Response by Mid-Plains Center for Behavioral Healthcare Services or South Central Behavioral Services. The Region 3 Prevention Professional Partner Program served 89 youth and families who had experienced a mental health crisis.

The most recent addition to the Youth System of Care is **Therapeutic Consultation** which was implemented in December of 2019, is based on the Cluster-Based Planning© process. The Team is comprised of trained individuals from each youth serving system and is designed to help the Region 3 community accomplish the following:

- ▶ Conduct A More Holistic Cluster-based Assessment Of the Needs of Youth And Their Families;
- ▶ Identify The Challenges The Youth And Families Have Been Facing Over Time And More Recently;
- ▶ Suggest Goals That Need To Be Accomplished In Order To Promote Recovery And Resiliency;
- ▶ Identify And Implement The Types Of Services Or Opportunities That Will Help The Youth And Families Achieve Their Goals;
- ▶ Get The Right Services To The Right People, At The Right Time.

The Mission of the Therapeutic Consultation Team is to provide a holistic and coordinated care approach to assist youth system partners and families increased access to interventions and resources to meet the complex needs of the youth and family.

CONSUMER AND FAMILY SYSTEM COORDINATION

As the pandemic continues to challenge our Region 3 community, Region 3 Consumer and Family Coordination strives to provide activities and resources to support people with their recovery and wellness. The Region 3 Consumer and Family Coalition held virtual meetings in 2021 with speakers presenting on topics such as disability benefits, the Office of Consumer Affairs, and developing wellness strategies during the pandemic. Funds from the coalition were used to create wellness kits for individuals throughout Region 3. Supporting our commitment to trauma-informed care these kits provided an outlet for the isolation and anxiety felt by many individuals who sheltered in during the pandemic. In May 2021, Senior Mental Health was recognized in an effort to ease the isolation brought on by COVID restrictions that greatly affected the mental health of senior citizens. Region 3, along with other community stakeholders, responded and developed wellness placemats that contained puzzles, mental health resources, tips for emotional wellbeing along with instructions for chair exercises.

The Region 3 Consumer Specialist serves on the Nebraska Peer Support Advisory Board and assisted in the coordination of monthly virtual trainings for Peer Specialists across the state. These webinars provided opportunities for Peer Specialists to grow in their roles while obtaining CEUs towards their state Certification. Wellbeing Initiatives provided a series of specialized webinars for Peer Specialists that focused on Forensic Peer Support and Whole Health Employment Specialist Training (WHEST). This training gave Peer Specialists around the state opportunities to explore areas of specialization.

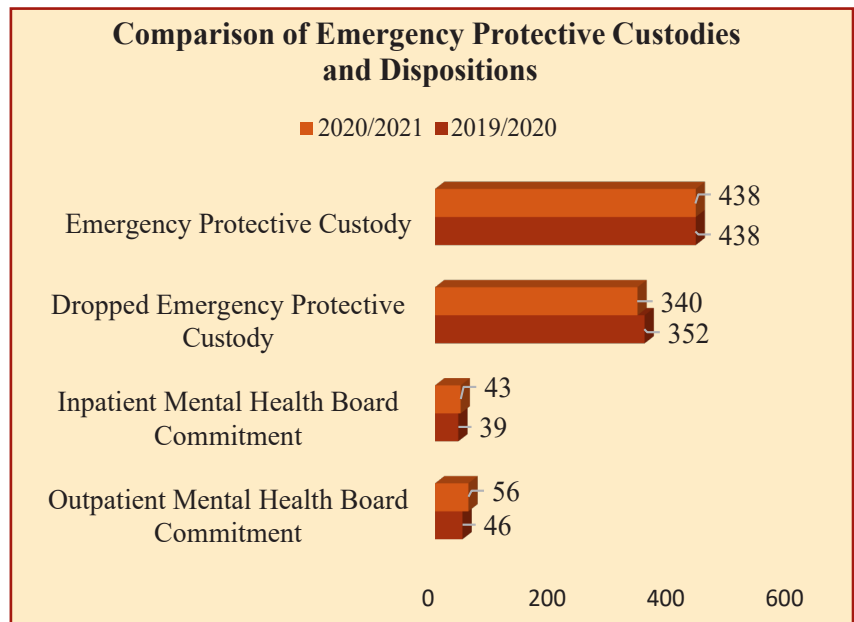
A Consumer Satisfaction survey was administered to collect input from individuals regarding their experiences across the full array of Network services. Network Providers were approached for input on the development of the survey. Thirty-four individuals responded with the results being overwhelmingly positive with few exceptions. Region 3 will utilize these survey results in strategic planning and service delivery enhancement initiatives.

Consumer and Family Coordination has made strides in engaging and supporting individuals throughout Region 3. FY21 was also especially beneficial in supporting and developing the Peer Support workforce within our Network Providers.

EMERGENCY SYSTEM COORDINATION

The Region 3 Emergency System provides a multi-layer crisis response system providing trauma-informed crisis services in the least restrictive, most appropriate and safe setting possible.

- During FY21, a total of 3,264 individuals were served through Crisis Triage, Stabilization, Crisis Response, and 24-Hour Crisis Phone in Region 3.
- 479 (14.7%) of these individuals were age 18 or under and 2,785 (85.3%) were age 19 and over.
- The referral sources were:
 - o 53.3% Self
 - o 14.3% Justice System
 - o 10.9% Friends/Family
 - o 5.5% Behavioral Health Provider
 - o 14.8% Community Services
 - o 1.2% Other
- There was a 10.3% increase in inpatient Mental Health Board Commitments from last year and a 16.5% increase in total (inpatient and outpatient) Mental Health Board Commitments.



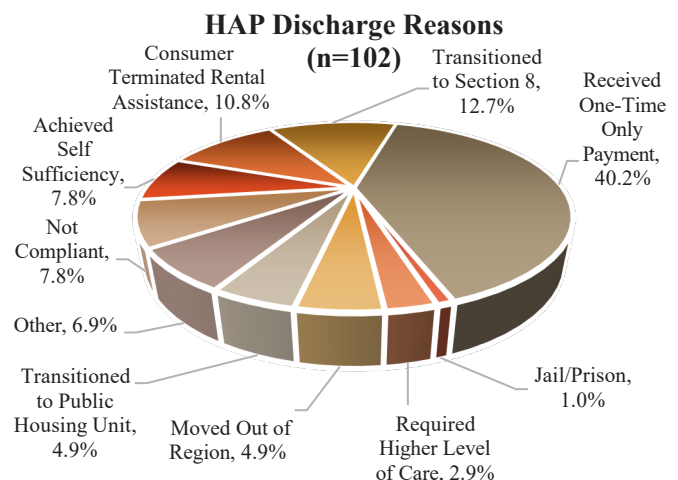
Array of Behavioral Health Services available within the Region 3 Emergency System

Acute Inpatient (Youth and Adult)	Emergency Community Support (For ages 12 and up)	Telemedicine
Crisis Stabilization (Voluntary)	Emergency Protective Custody (EPC)	Medication Management
Crisis Response	Emergency Psych System Coordination	Urgent Outpatient/Assessment
Crisis Triage Center	Medically Supported Detox and Social Detox	24 Hour Crisis Phone

HOUSING ASSISTANCE PROGRAM

The Region 3 Housing Assistance Program (HAP) provides rental assistance for adults who live with extreme low income and experience a serious mental illness to obtain safe, secure, and affordable housing. Extensions of the HAP serve individuals involved in substance use disorder recovery, a specialized program for transitional age youth to serve individuals between the ages of 18-26, and for women exiting Therapeutic Community service and who are a substance use disorder Priority Population

- In FY21, HAP served a total of 133 individuals (93 experiencing serious mental illness, 11 in substance use disorder recovery, 15 transitional age youth, and 14 women exiting therapeutic community service).
- The average age of individuals was 41.8 years old.
- The top 3 Priority Levels of individuals in FY21 were:
 - o 33.1% At Risk of Inpatient MHB Commitment
 - o 24.8% Transitional Youth 18-22 / Criminal Justice ERCS
 - o 10.5% History of Hospitalization
- The average annual gross income of an individual receiving housing assistance was \$8,226.
- A total of 102 individuals were discharged during FY21.



The average length of service for 61 individuals discharged with ongoing payments was 196 days; 41 individuals received a one-time only payment for housing support.

REGION 3 BEHAVIORAL HEALTH SERVICES PROVIDER NETWORK

During FY21 a total of 5,425 individuals (unduplicated count) were served by the Region 3 Behavioral Health Services Network. The duplicated count across the service array was 10,419 individuals including 8,973 (86.1%) adults and 1,446 (13.9%) youth who experienced behavioral health needs.

Behavioral Health Specialists, Inc.

- * Short-Term Residential Treatment
- * Social Setting Detoxification

Families CARE, Inc.

- * Transitional Youth Advocate Program
- * Parent Peer Support
- * Family Peer Support – Crisis Response

Friendship House, Inc.

- * Halfway House

Goodwill Industries of Greater Nebraska, Inc.

- * Day Rehabilitation
- * Day Support
- * Community Support MH/SUD
- * Emergency Community Support
- * Supported Employment
- * Transition Age Coordinated Employment
- * First Episode Psychosis - Supported Employment and Education

Live Well Counseling Center, PC (FKA Center for Psychological Services, P.C.)

- * In-School Behavior Skills Program
 - o Outpatient Therapy MH
 - o Assessment MH
 - o Therapeutic Consultation
- * First Episode Psychosis Program
- * Peer Support

Lutheran Family Services of Nebraska, Inc.

- * At Ease Outpatient MH
- * Vets4Vets Peer Support Program

Mary Lanning Healthcare

- * Emergency Protective Custody/ Acute Inpatient
- * Subacute Inpatient
- * Post Commitment Inpatient
- * Emergency Community Support
- * 24 Hour Crisis Phone

Mid-Plains Center for Behavioral Healthcare Services, Inc.

- * Outpatient Therapy MH
- * Assessment MH
- * Outpatient/Assessment Dual Disorder
- * Medication Management
- * Multisystemic Therapy
- * Crisis Stabilization Unit
 - o Crisis Stabilization
 - o Social Setting Detox w/Medical Component
 - o Peer Support
 - o Crisis Response Youth/Adult
- * First Episode Psychosis Outpatient

Region 3 Behavioral Health Services

- * Network Management
- * System Coordination
 - o Consumer and Family
 - o Disaster Response
 - o Emergency
 - o Housing Assistance
 - o Prevention
 - o Targeted Response to Opioids
 - o Youth System of Care
- * Training and Technical Assistance
- * Emergency Community Support (ERCS)
 - o Traditional ERCS
 - o Jail Diversion ERCS
 - o Transition Age ERCS
- * Professional Partner Program (PPP)
 - o Traditional PPP
 - o Transitional PPP
 - o Coop for Success
 - o School-Based Wraparound Program
 - o Prevention Professional Partner
- * Housing Assistance Program MH/SUD
 - o Adult Housing Assistance Program
 - o Transition Age Supported Housing
 - o Women with Dependent Children Housing

Richard Young Behavioral Health

- * Emergency Protective Custody/Acute Inpatient
- * Subacute Inpatient
- * Post Commitment Inpatient
- * Youth Crisis Inpatient
- * 24 Hour Crisis Phone

Richard Young Outpatient Clinic

- * Outpatient Therapy MH
- * Assessment MH
- * Medication Management

St. Francis Alcohol and Drug Treatment Center

- * Short-Term Residential Treatment
- * Intensive Outpatient Program
- * Outpatient Therapy SUD
- * Assessment SUD

South Central Behavioral Services

- * Assertive Community Treatment
- * Psychiatric Residential Rehabilitation
- * Mental Health Respite
- * Day Rehabilitation
- * Day Support
- * Community Support
- * Peer Support
- * Emergency Community Support (ERCS)
 - o Jail Diversion/ERCS (Peer enhanced)
- * Intensive Outpatient Program
- * Outpatient Therapy MH/SUD
- * Assessment MH/SUD
- * Buffalo County Jail Outreach Program
- * Crisis Response – Youth/Adult

The Bridge, Inc.

- * Therapeutic Community SUD

The Lanning Center

- * Medication Management
- * Outpatient Therapy MH
- * Assessment MH

The Link, Inc.

- * Dual Disorder Residential MH/SUD

Women's Empowering Life Line, Inc.

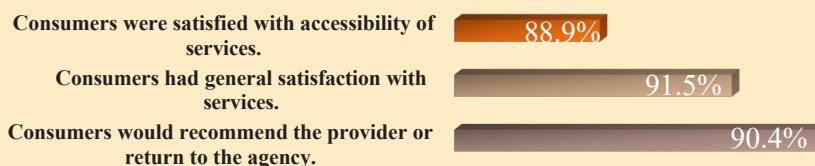
- * Dual Disorder Residential MH/SUD

Community-Based Prevention Coalitions: Area Substance & Alcohol Abuse Prevention (ASAAP), Central Nebraska Council on Alcoholism and Addictions, Inc., County Organization for Prevention & Education (COPE) in Hamilton County, Garfield-Loup-Wheeler (GLW) Children's Council, Grand Island Substance Abuse Prevention Coalition, Meth & Addictions Prevention Strategies (MAPS), Positive Pressure Community Coalition, Sherman County Prevention Coalitions, Tobacco Free Hall County, Buffalo County Tobacco Free Coalition, and University of Nebraska Kearney (UNK) Alcohol Taskforce.

QUALITY IMPROVEMENT: PERFORMANCE MEASUREMENT AND REPORTING

The Region 3 Quality Improvement: Performance Measurement and Reporting Plan is a systematic and continuous process designed to improve and sustain satisfaction, access and performance measures for the Region 3 Provider Network. Satisfaction and performance measures are reported for all services, excluding emergency and assessment services. Access measures were tracked and reported for selected services including Housing Assistance, Supported Employment, Short Term Residential and Medication Management. Performance measures were tracked and reported for all services within the Network.

Consumer Satisfaction



Service access and performance during FY21 was impacted by a variety of environmental influences including workforce shortages, COVID-19 pandemic restrictions, social isolation, and others. Concern for the potential negative impact of these influences required enhanced strategies of outreach, engagement, therapeutic alliance, and ongoing support.

- 100% of the supported housing vouchers were processed and issued within the standardized timeframes and all eligible individuals were offered a safe, stable housing exceeding the target of 95%.
- 76% of individuals referred to Supported Employment were admitted within 14 days of the completed referral falling short of the target of 95%.
- 85% of consumers meeting priority criteria were offered admission to Short Term Residential within 30 days of referral falling short of the target of 95%.
- 82% of individuals discharged from psychiatric inpatient hospitalization were offered a Medication Management appointment within 21 days. This did not meet the target of 95%.
- 86.1% of individuals served through the Region 3 Provider Network were in stable living at discharge exceeding the target of 85%.
- 61.1% of individuals served who were 19 or older were employed at discharge from any service in the Region 3 service array falling slightly short of the target of 65%.
- 97.1% of individuals served in the Housing Assistance Program were in stable living at discharge exceeding the target of 88%.
- 70.2% of those served in Supported Employment were employed at discharge falling short of the target of 75%.
- 97.8% of ERCS consumers had no EPC while enrolled in ERCS and 71.3% achieved or partially achieved their treatment goals.
- 1,195 consumers were served by the Crisis Stabilization Unit. 99.6% were diverted from an EPC and 82.9% were diverted from a voluntary hospitalization.
- There were a total of 43 inpatient commitments which was significantly less than the target of 75 or less for the year. 79.9% of those EPC'd had not been EPC'd within the previous 13 months just missing the target of 80% and the average days between EPCs for those experiencing multiple EPCs was 89 days falling short of the target of 110 days or more.
- 258 Veterans were served in the Vets4Vets program.



Through the Nebraska Strong Recovery Project Region 3 continued its partnership with the other five Regional Behavioral Health Authorities, the Nebraska University Public Policy Center, the Rural Response Hotline, the Nebraska Family Helpline, the DHHS Division of Behavioral Health, local Emergency Management Agencies, the Behavioral Health Education Center of Nebraska, and Region 3 Network Providers to address the ongoing emotional needs of students, teachers, individuals, families and healthcare workers affected by the floods of 2019 and the COVID-19 pandemic. The Project is a mental health outreach program funded by the Federal Emergency Management Administration (FEMA), the Center for Mental Health Services, and the Substance Abuse and Mental Health Services Administration. Region 3 engaged in outreach efforts providing education, counseling and support resources to empower individuals and communities to take an active role in their own recovery. Together we are Nebraska Strong!

EMERGENCY COMMUNITY SUPPORT PROGRAM

The Emergency Community Support Program (ERCS) is designed as a voluntary case management program for adults and transition age youth who have experienced a behavioral health crisis. This short-term program provides outreaching case management services to individuals and his/her family. The ERCS coordinator supports the individual in identifying needs, goals and finding the appropriate resources within their community.

Region 3 ERCS continues to support individuals who experience a behavioral health disorder and are incarcerated at the Buffalo County or Phelps County jail as they transition from incarceration to community. This program prevents the revolving door of individuals entering jail primarily due to their behavioral health challenges.

Demographics

A total number of 96 individuals were served.

- 60 individuals served by Traditional Age ERCS
- 14 individuals served by Transitional ERCS
- 22 individuals served by Jail ERCS

Average age of participants at admission was 39.8 years ranging from 19 to 70 years.

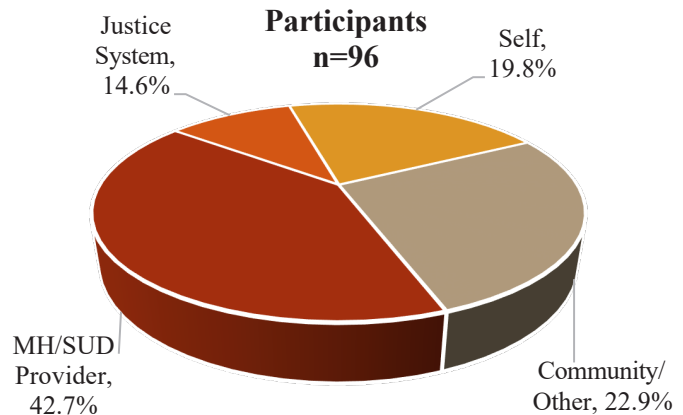
34 (35.4%) participants had substance use treatment prior to ERCS admission. The average number of substance use treatment episodes was 3.4 episodes ranging from 1 to 31 episodes.

8 (8.3%) participants were re-arrested or placed under Emergency Protective Custody while being served by ERCS.

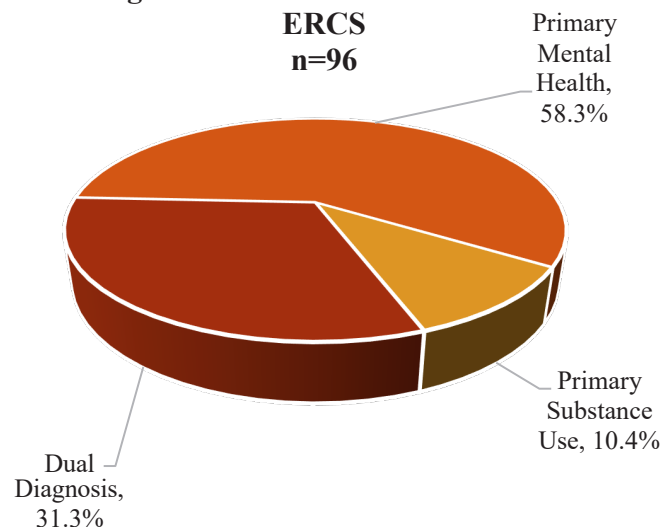
What individuals say about the Emergency Community Support Program?

- ★ *It has bettered my life. I'm standing on my feet now.*
- ★ *It was nice to get feedback from my worker.*
- ★ *Worker was awesome. Tell them thanks for the help.*

Admission Referral Source of ERCS



Diagnostic Reasons for Admission to ERCS n=96



"Recovery isn't something you just experience...it's a choice you make every day." - Justine

Overview

The PPP utilizes the Wraparound Approach to coordinate services and supports for youth and young adults between the ages of 3 and 26 with behavioral health needs. Individuals and their families have a voice, ownership, and access to a comprehensive, individualized support plan that is strengths-based and family/person centered. The program is culturally responsive and tailored to the unique values and needs of each individual and family.

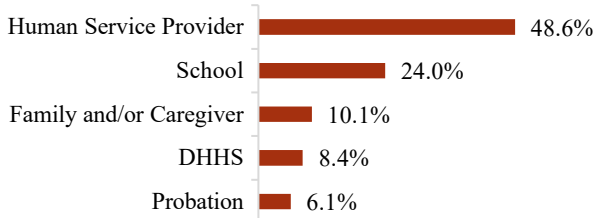
A total of 176 individuals were served. The average age was 13.8 years old at admission. Males represented 54.5% and females represented 45.5%.

- 121 individuals served by Traditional (PPP)
- 32 individuals served by Prevention (Prev)
- 23 individuals served by Transitional Age (TPP)

Referral Source

A total of 179 referrals were made to the program and the results were 71.5% accepted, 22.3% withdrawn, and 6.1% did not meet program eligibility.

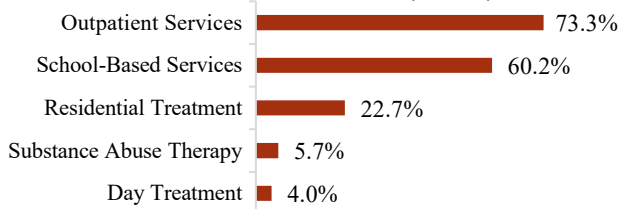
Top 5 Referral Sources FY21 (n=179)



Service Utilization

Individuals served received the following services related to their emotional and behavioral needs prior to enrollment.

Services Accessed FY21 (n=176)



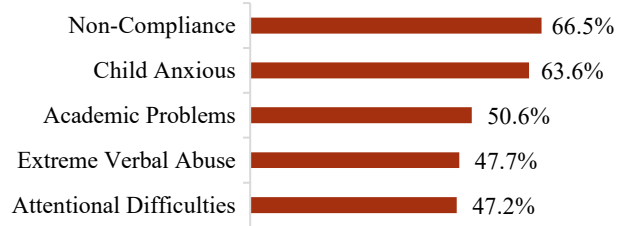
Wraparound Fidelity (WFI-EZ)

The WFI-EZ measures the level of adherence to the Wraparound process that the family engages in and satisfaction with the services received from the program. The average adherence scores were:

- Caregivers 73.7% (National Mean 72.0%)
- Youth 68.5% (National Mean 69.3%)
- Team Members 71.4% (National Mean 73.6%)
- Overall family satisfaction 80.9%

Presenting Problems

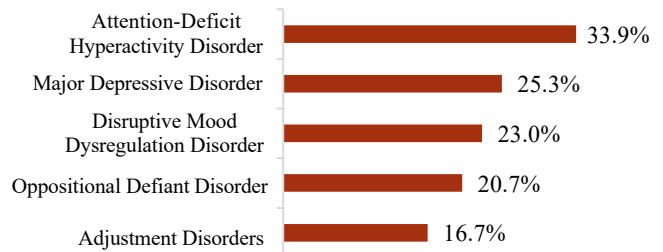
Top 5 Presenting Problems FY21 (n=176)



Diagnosis

Individuals must be diagnosed with a mental health disorder in the current edition of the Diagnostic and Statistical Manual (DSM) of Mental Disorders.

Top 5 Diagnosis FY21 (n=176)



Child and Adolescent Functional Assessment Scale (CAFAS)

The CAFAS assesses a youth's day-to-day functioning across critical life subscales and determines whether a youth's functioning improves over time.

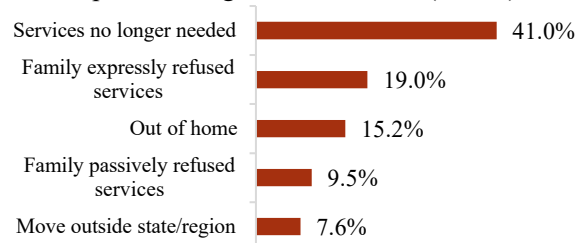
- 121.1 Intake Average Total Score
- 88.5 Discharge Average Total Score

89 individuals discharged had an intake and discharge CAFAS completed with an average of 32.6 point decrease in Total Score. The greater the decrease, the more improvement achieved.

Graduation from the Program

A total of 105 individuals were discharged with an average length of stay of 314.5 days.

Top 5 Discharge Reasons FY21 (n=105)



REGION 3 PROVIDER NETWORK AND PREVENTION COALITION DIRECTORY

Area Substance & Alcohol Abuse Prevention (ASAAP)

835 South Burlington Ave., Ste. 114
Hastings, NE 68901
(402) 463-0524

Behavioral Health Specialists, Inc. Seekers of Serenity & Sunrise Place

4432 Sunrise Place
Columbus, NE 68601
(402) 564-9994

Buffalo County Tobacco Free

4009 6th Ave., Ste. 65
Kearney, NE 68845
(308) 237-5113

Central NE Council on Alcoholism & Addictions, Inc.

219 W. 2nd St.
Grand Island, NE 68801
(308) 385-5520

Central Nebraska LOSS Team

(308) 217-0359
<http://centralnebraskalos.wixsite.com/cneloss>

County Organization for Prevention & Education (COPE) in Hamilton County

219 W. 2nd St.
Grand Island, NE 68801
(308) 385-5520

Families CARE, Inc.

4111 4th Ave., Ste. 2
Kearney, NE 68845
(308) 237-1102

Friendship House, Inc.

406 W. Koenig
Grand Island, NE 68801
(308) 675-3345 ext. 18

Garfield-Loup-Wheeler (GLW)

Children's Council

PO Box 310
Burwell, NE 68823
(308) 346-4284

Goodwill Industries of Greater Nebraska, Inc.

1804 S. Eddy
Grand Island, NE 68802
(308) 384-7896

Goodwill Industries of Greater Nebraska, Inc.

4009 6th Ave., Ste. 45 & 48
Kearney, NE 68845
(308) 455-1400

Goodwill Industries of Greater Nebraska, Inc.

835 S. Burlington St., Ste. 112
Hastings, NE 68901
(308) 440-9206

Grand Island Substance Abuse Prevention Coalition

219 W. 2nd St.
Grand Island, NE 68801
(308) 385-5520

Live Well Counseling Center, PC

125 E. 31st Street
Kearney, NE 68847
(308) 234-6029

Lutheran Family Services of Nebraska, Inc.

1811 W. 2nd St., Ste. 440
Grand Island, NE 68803
(308) 382-4255

Mary Lanning Healthcare/

The Lanning Center

715 N. St. Joseph Ave. (Inpatient)
Hastings, NE 68901
(402) 463-5973

835 S. Burlington, Ste. 108 (Outpatient)

Hastings, NE 68901
(402) 463-7711

Meth & Addictions Prevention Strategies (MAPS)

219 W. 2nd St.
Grand Island, NE 68801
(308) 385-5520

Mid-Plains Center for Behavioral

Healthcare Services, Inc.

914 Baumann Dr.
Grand Island, NE 68803
(308) 385-5250 OR (800) 515-3326

Buffalo County Community Partners

Positive Pressure Community Coalition

PO Box 1466
Kearney, NE 68848
(308) 865-2283

Region 3 Behavioral Health Services

4009 6th Ave., Ste. 65
Kearney, NE 68845
(308) 237-5113

Richard Young Behavioral Health

1755 Prairie View Place
Kearney, NE 68845
(800) 930-0031 (24/7)
(308) 865-2000 (Inpatient)
(308) 865-2249 (Outpatient)

Sherman County Prevention Coalition

120 N. 6th St.
Loup City, NE 68853
(308) 745-0127

St. Francis Alcohol & Drug Treatment Center

2116 W. Faidley Ave.
Grand Island, NE 68803
(308) 398-5427

South Central Behavioral Services

3810 Central Ave.
Kearney, NE 68847
(308) 237-5951

South Central Behavioral Services

616 W. 5th St.
Hastings, NE 68902
(402) 463-5684

The Bridge, Inc.

907 S. Kansas
Hastings, NE 68901
(402) 462-4677

The Link, Inc.

305 N 9th St.
Norfolk, NE 68701
(402) 999-4771

Tobacco Free Hall County

219 West 2nd St.
Grand Island, NE 68801
(308) 385-5520

Women's Empowering Life Line, Inc.

910 West Park Ave.
Norfolk, NE 68701
(402) 371-0220

UNK Alcohol Task Force Peer Health Education MSAB

Kearney, NE 68849
(308) 865-8092

