



# **2020** **ANNUAL** **REPORT**



**Behavioral Health Services**

## Regional Governing Board Members

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Blaine County

Craig Thompson

Buffalo County

\*Sherry Morrow

Clay County

Ivan Fintel

Custer County

\*Tammy Kleeb

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Neil Meiner

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Dennis Tegtman

Garfield County

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Jordan Foltz

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Anthony J Gulizia

Howard County

Dave Boehle

Kearney County

Larry Landstrom

Loup County

Donald Brown

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Carolyn Kucera

Nuckolls County

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Phelps County

Theresa Puls

Sherman County

Kenneth Kaslon

Valley County

\*Helen Cullers

Webster County

Trevor Karr

Wheeler County

Jim Hoerle

Dear Colleagues,

We are pleased to present the Region 3 Behavioral Health Services' (Region 3) 2020 Annual Report highlighting many of the priorities we championed throughout the year that were designed to improve resiliency, promote recovery and support healthy communities. These priorities include disaster response, training, treatment, recovery support, suicide prevention, system coordination and community skill building.

As we look back on 2020 the theme that rises to the top is resilience in times of uncertainty. This uncertainty was magnified by the continuation of the impact of the 2019 floods and the onset of the Coronavirus-19 (COVID-19) pandemic. We strengthened our outreach efforts to the flood impacted communities and expanded our outreach to all 22 counties providing education, training, support and treatment resources to assist individuals, families and communities impacted by COVID-19. Due to the increased emotional and financial uncertainty faced by individuals and families across the Region 3 area, our training cadre was busy providing Mental Health First Aid, QPR (Question, Persuade, Refer), Trauma 101 & Recovery, Compassion Fatigue, Mindfulness, Calmer Classrooms, and Coping with COVID training.

The demand for behavioral health services outpaced our fiscal resources placing many of our network providers at-risk of exhausting their contracted funds before the end of the fiscal year. The six Behavioral Health Regional Authorities partnered with the Department of Health and Human Services, Division of Behavioral Health (Division) to identify additional funds to meet these service needs. The Region 3 Governing Board committed to maximizing the additional state funds by increasing their county match.

Due to the COVID-19 pandemic, Region 3 Network Providers quickly retooled many of their services to allow for the continuation of service delivery while adhering to directed health measures to create treatment and supportive environments that were safe and effective for their consumers and workforce. We are grateful for our Network Providers for going above and beyond to creatively and effectively meet the behavioral health needs of those they serve. We are also grateful for the Division providing COVID gap funding to ensure our providers could sustain their service array.

We wish to extend our appreciation to our Regional Governing Board and Behavioral Health Advisory Committee for their leadership and support. We appreciate the Community Coalitions for their leadership in prevention and wellness activities that improve the overall health of their communities. As the COVID-19 pandemic affected their communities they lead efforts to bring additional resources and support to families, healthcare personnel, businesses, and community organizations. Their ability to bring their community together to effectively wage war against the pandemic created hope and strengthened resilience.

We also wish to thank our many system partners who continually share their expertise and resources to allow the system of care to be responsive to the many needs of those we serve. And finally, we wish to thank our employees who bring their can-do spirit to their varied roles that facilitates *our mission to foster recovery and resilience for individuals and their families who experience a behavioral health disorder.*

Sincerely,

Helen Cullers, Chairperson, Region 3 Governing Board

Beth Baxter, Regional Administrator



### Behavioral Health Advisory Committee

Brenda Miner  
Chairperson

Aletheir Evans

Grace Mims  
Vice Chairperson

Sharyl Gilles

Susan Henrie

Wayne Adamson

Shannon Hopson

Gregg Ahlers

Theresa Puls

Elaine Anderson

Gary Quandt

Karla Bennetts

Cindy Scott

Patsy Burnett



*Region 3's programs accredited by CARF:*

- Professional Partner Program
- Emergency Community Support
- Network

# FISCAL MANAGEMENT AND ACCOUNTABILITY

*Accountability through leadership, knowledge, and verification promotes trust.*

On an annual basis Region 3, in collaboration with the Regional Behavioral Health Advisory Committee, the Region 3 Behavioral Health Provider Network, Region 3 Consumer and Family Coalition, and other stakeholders, at the direction of the Regional Governing Board, develops and submits an annual budget plan to the Department of Health and Human Services, Division of Behavioral Health (Division). Region 3 reports to the Division on a monthly basis the utilization of funds across the continuum of care. Also, Region 3 contracted with, or received grants and other funds from sources in addition to the Division for the support of system enhancement, coordination, services, and training activities across the Region 3 area.

## Fiscal Year 2020 in Review

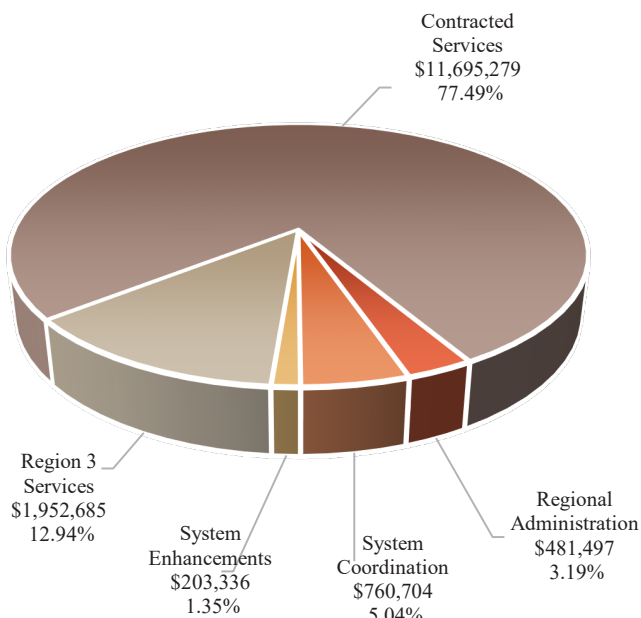
A total of \$15,093,501 was expended by Region 3 in the fiscal year ended June 30, 2020.

- 90.42% of the funds were expended on Direct Services,
- 5.04% on System Coordination,
- 3.19% on Network Administration, and
- 1.35% on System Enhancements.

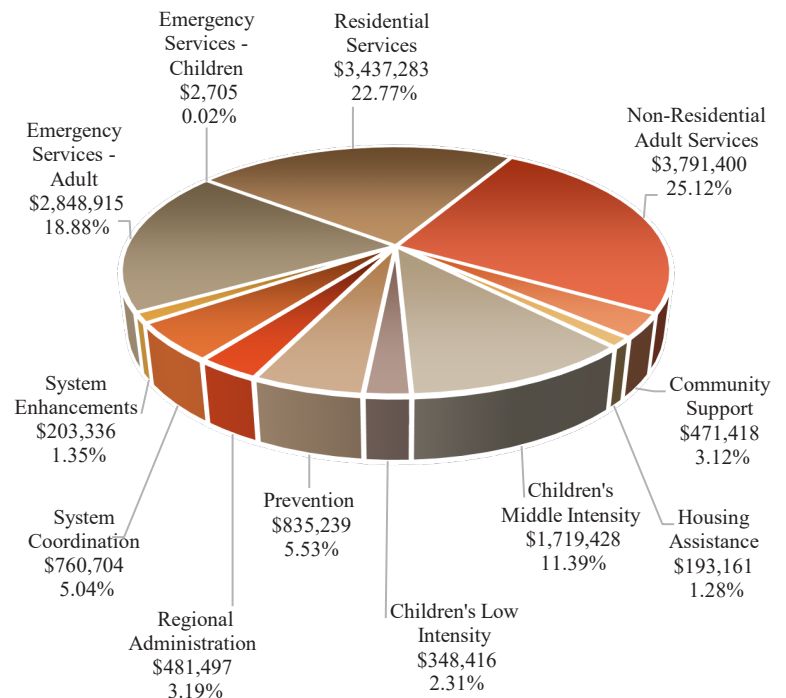
## Accountability for Effective and Efficient Utilization of Public Resources

- Contract development and monitoring,
- Tracking and reporting of billing and utilization data to make informed financial decisions,
- Tracking of outcomes and performance standards,
- Fiscal and programmatic reviews of network providers,
- Internal controls, and
- Internal auditing and external independent auditing.

## FY2020 Service Expenditures of \$15,093,501



## FY 2020 Expenditures by Category



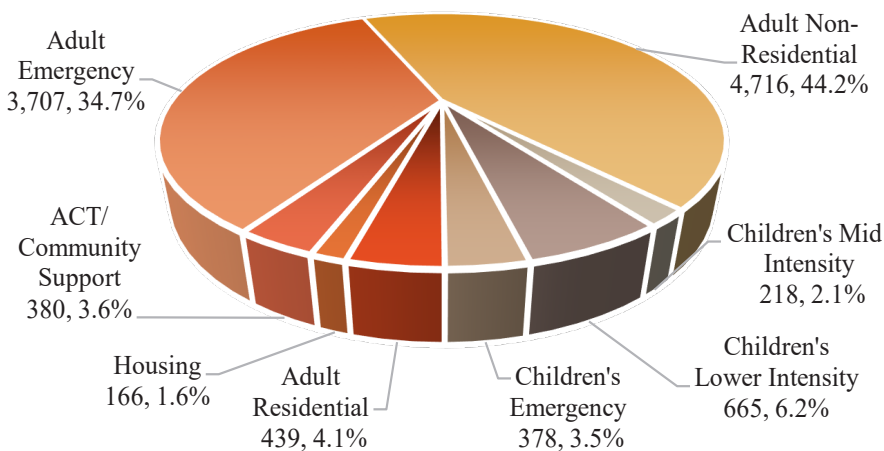
# NETWORK MANAGEMENT AND SYSTEM COORDINATION

Region 3 Behavioral Health Services (Region 3), a nationally accredited network, provides the framework for effective system coordination that is accomplished through a well-planned, strategic, strengths-based, recovery-focused process that empowers individuals and communities to achieve positive results. The Region 3 Provider Network consists of fifteen community-based agencies serving children, adults and families through a comprehensive array of mental health and substance use disorder services. Region 3 also contracted with six grass-roots prevention coalitions that address mental health promotion and substance abuse prevention in their communities.

Individuals who experience a behavioral health disorder may also experience challenges in various areas of their life such as home, community interactions, employment and education. People in recovery often benefit from participating in several services offered by a variety of systems. Through the Region's Continuous Quality Improvement initiatives, Region 3 tracks and reports on identified goals designed to improve service effectiveness and efficiency across systems. Region 3 provides Regional System Coordination for the following major service systems in the twenty-two counties of Region 3.



**Persons Served by Level of Care**



## Gender

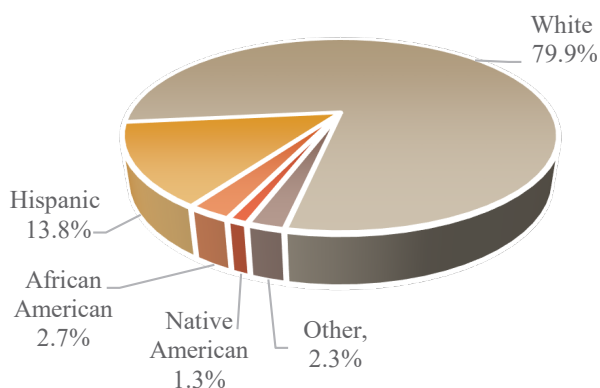
- 51.8% Male
- 48.2% Female

## Reasons for Admission:

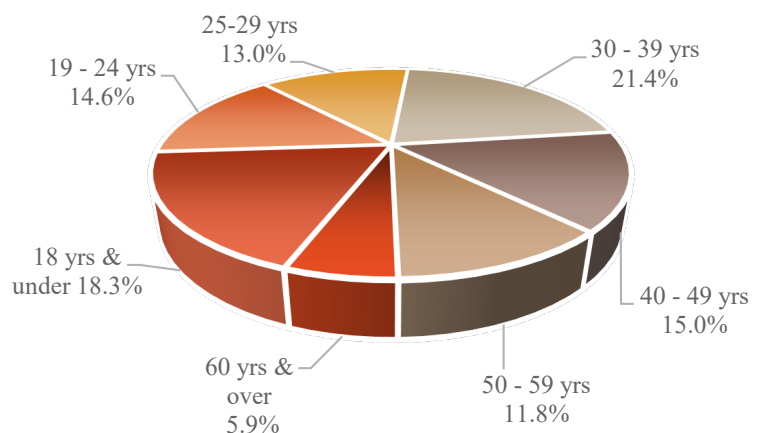
- 67.4% of persons served were admitted for a primary mental health disorder.
- 25.9% had a primary substance use disorder.
- 6.7% experienced a dual diagnosis of a primary mental illness and primary substance dependence disorder.

The graph above is a duplicated count of individuals served by level of care (n=10,669) as many may be involved in multiple services across the continuum of care during the year.

**Persons Served by Race and Ethnicity**



**Persons Served by Age Group**



## PREVENTION SYSTEM COORDINATION

Prevention is an important component of the continuum of care in behavioral health. Prevention professionals assess risk and protective factors, relevant data, and capacity needed prior to implementing prevention efforts. Prevention System Coordination provides ongoing technical assistance and training for Community Coalitions and system partners on substance abuse prevention, mental health promotion and suicide prevention.

### *Our Network Coalitions*

#### **10,369 Individuals Directly Served**

Working together to improve the health of Region 3 communities through a comprehensive array of individual and environmental prevention strategies, Region 3 contracted with six community prevention coalitions who directly served 10,369 individuals of all ages during fiscal year 2020. In addition, indirect strategies, such as media campaigns, reached additional individuals across the 22 counties. Region 3 also provides support to the Buffalo County Tobacco Free coalition.



### *Mental Health/Youth Mental Health First Aid*

#### **702 Individuals Trained**

Mental Health First Aid is a skills-based training course that teaches participants about mental health and substance-use issues in adults and young people.

### *Suicide Prevention*

#### **386 Individuals Trained**

Question, Persuade, Refer (QPR) is an evidence-based training for individuals who are in a position to identify people at risk of suicide. Early identification is crucial in order to prevent self-harm and is the starting point of suicide prevention. Participants learn to recognize the warning signs of suicide, how to offer hope, get help and save a lives.

### *Restorative Trauma Informed Care*

#### **804 Individuals Trained**

Region 3 and the Behavioral Health Education Center of Nebraska (BHECN) have a collaborative working relationship with the goal of creating healthy and restorative trauma informed care environments for the behavioral health workforce and those served. In response to the changing environment with the pandemic, modifications were made to training topics and webinar based trainings were offered exclusively during the fourth quarter. Training topics during fiscal year 2020 included Trauma 101 & Recovery, Compassion Fatigue, Mindfulness, Calmer Classrooms and Coping through COVID.

### *Targeted Response to Opioids*

Region 3 partnered with Community Coalitions to implement strategies to prevent the illicit use of opioids. Coalitions provided education opportunities to raise awareness about the risk of opioid misuse and overdose and hosted Safe Drug Disposal/Prescription Take Back events in the fall of 2019 that resulted in 491 pounds of medication being collected and appropriately disposed of. Additionally, coalitions provided 1,243 takeaway medication envelopes, 350 DeTerra drug deactivation systems and 287 DisposeRX single use drug disposal packages.

Region 3 provided 470 Narcan kits to first responders including law enforcement and emergency personnel in all 22 counties of Region 3 to prevent overdose deaths by opioids during their interaction with people throughout the Region 3 area. Region 3 also promoted Medication Assisted Treatment to increase the likelihood of recovery of opioid addiction.



## YOUTH SYSTEM OF CARE COORDINATION

Since May 1, 2017, Region 3's Youth System of Care has focused on enhancing the Youth Crisis Response system which includes Crisis Response, Family Peer Support, Wraparound, Therapeutic Consultation, and ongoing services and supports in the community to help resolve an immediate behavior, mental health and/or substance use crisis for youth. The Therapeutic Consultation Teams began taking referrals in December 2019 and utilizes the Cluster-Based Planning® process. The system assisted families in developing a plan to resolve the crisis and create an ongoing plan for safety. Goals are to (a) intervene, stabilize and resolve a crisis situation, (b) prevent youth from entering higher levels of service, (c) avoid further legal system involvement, and (d) connect to referral sources that focus on wellness and coordination to help the youth and/or family facilitate involvement in ongoing services.

From May 1, 2017 through June 30, 2020, a total of 1,053 youth and young adults were served through Youth Mobile Crisis Response by Mid-Plains Center for Behavioral Healthcare Services or South Central Behavioral Services. Families CARE served 63 families through Family Peer Support Crisis Response, 29 youth in Youth Peer Support and 218 youth participated in Youth Support Group activities. The Region 3 Prevention Professional Partner Program served 71 youth and families who had experienced a mental health crisis.



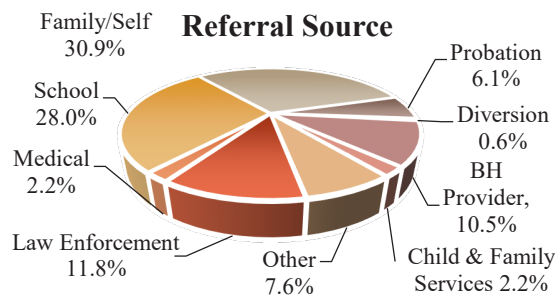
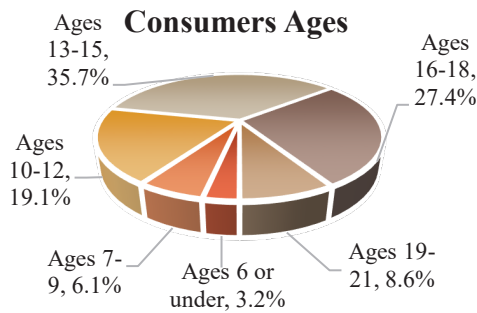
60.5% remained in the home



37.9% referred to psychiatric hospital



1.6% placed informally with family/friend or out of home placement



## CONSUMER AND FAMILY SYSTEM COORDINATION

2020 provided many challenges, but Consumer and Family Coordination provided through Region 3 responded with flexibility and creativity. Region 3 helped coordinate the Children's Mental Health Celebration on May 21st. This is usually a large event with participation from families and youth. Due to the COVID-19 pandemic, the event was held at the Buffalo County Fairgrounds and everyone participated within their cars. The Pony Express Riders, a motorcycle group, traveling across Nebraska to deliver Children's Mental Health letters of support to Governor Ricketts, joined the celebration. Families and system stakeholders welcomed the riders and showed their support by decorating their cars and flashing lights to welcome them to Kearney. Meals were provided and they gathered numerous letters from the Kearney community.

A series of Peer Support audits were conducted virtually to ensure Peer Support services are delivered consistently within the Peer Support model. This was the first complete Region 3 audit reflective of the Division of Behavioral Health's Peer Support service definition. These audits laid the foundation for oversight and provided guidance to providers and Peer Support Specialists regarding the delivery of this important service. This audit produced high scores from participating providers within our network.

September is Recovery Month in Nebraska. The Division of Behavioral Health and the Behavioral Health Regions launched a statewide campaign to recognize and celebrate recovery. Region 3 coordinated an event in September to raise awareness of drug overdoses and honor International Overdose Awareness Day. Lights of Hope was a candlelight vigil held in Kearney on September 15th at Harmon Park to support consumers who experienced an overdose and family members and friends who have lost loved ones to a drug-related death. Speakers provided education to the public and consumers shared their recovery stories. Luminaries were lit for those who experienced overdose and/or are in recovery and lined the stage representing the many lives impacted by addiction in our community.

Self-Direction

Hope

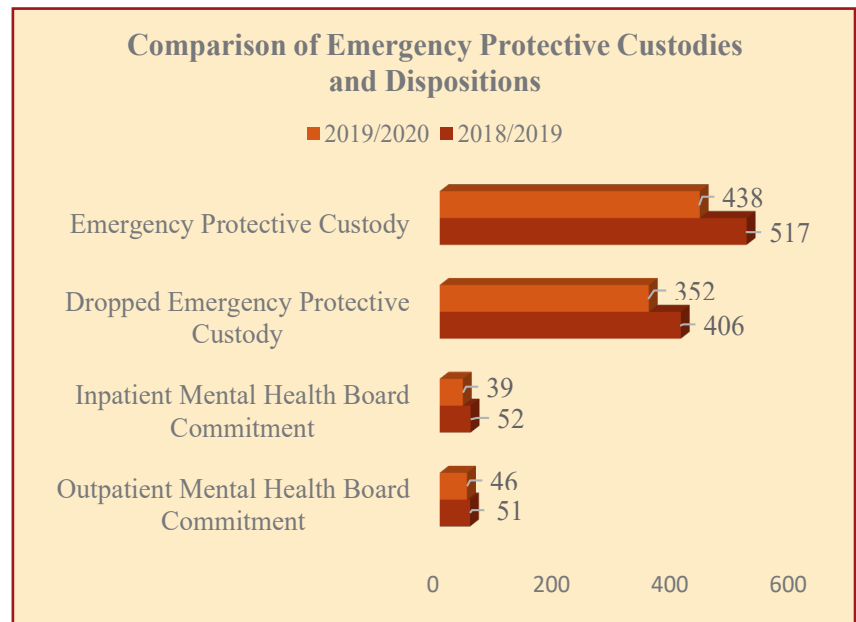
Empowerment

Responsibility

## EMERGENCY SYSTEM COORDINATION

The Region 3 Emergency System provides a multi-layer crisis response system providing trauma-informed crisis services in the least restrictive, most appropriate and safe setting possible.

- During FY20, a total of 3,150 individuals were served through Crisis Triage, Stabilization, Crisis Response, and 24-Hour Crisis Phone in Region 3.
- 363 (11.5%) of these individuals were age 18 or under and 2,787 (88.5%) were age 19 and over.
- The referral sources were:
  - o 53.4% Self
  - o 16.1% Justice System
  - o 9.6% Friends/Family
  - o 5.2% Behavioral Health Provider
  - o 12.8% Community Services
  - o 2.8% Other
- There was a 25% decrease in inpatient Mental Health Board Commitments from last year and a 17% decrease in total (inpatient and outpatient) Mental Health Board Commitments.



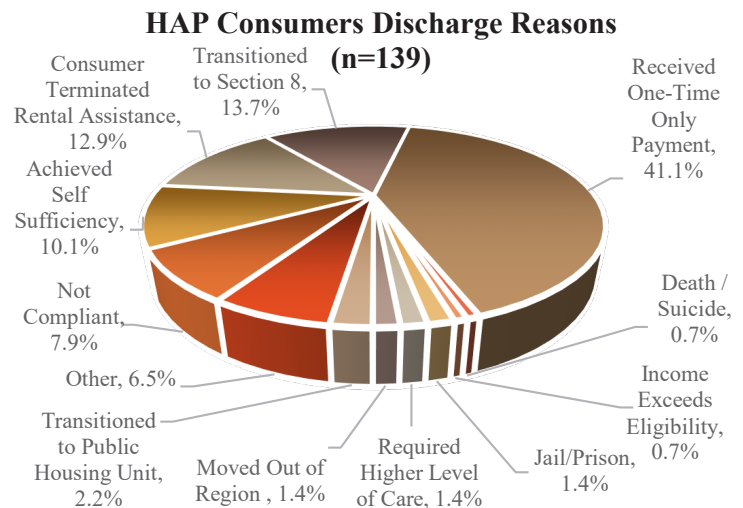
### Array of Behavioral Health Services available within the Region 3 Emergency System

Acute Inpatient (Youth and Adult)	Emergency Community Support (For ages 12 and up)	Telemedicine
Crisis Stabilization (Voluntary)	Emergency Protective Custody (EPC)	Medication Management
Crisis Response Therapist	Emergency Psych System Coordination	Outpatient/Assessment
Crisis Triage Center	Medically Supported Detox and Social Detox	24 Hour Crisis Phone

## HOUSING ASSISTANCE PROGRAM

The Region 3 Housing Assistance Program (HAP) provides rental assistance for adults who live with extreme low income and experience a serious mental illness to obtain safe, secure, and affordable housing. Extensions of the HAP serve consumers involved in substance use disorder recovery, a specialized program for transitional age youth to serve consumers between the ages of 18-26, and for women exiting Therapeutic Community service and who are a substance use disorder Priority Population.

- In FY20, HAP served a total of 169 consumers (123 serious mental illness, 20 substance use disorder recovery, 20 transitional age youth, and 6 women exiting Therapeutic Community service).
- The average age of consumers was 40.8 years old.
- The top 3 Priority Levels of consumers in FY20 were:
  - o 41.4% Transitional Youth 18-22 / Criminal Justice ERCS
  - o 23.1% At Risk of Inpatient MHB Commitment
  - o 12.4% History of Hospitalization
- The average annual gross income of a consumer receiving housing assistance was \$7,424.
- A total of 139 consumers were discharged during FY20. The average length of service for 82 consumers discharged with ongoing payments was 164 days; 57 consumers received a one-time only payment for housing support.



## REGION 3 BEHAVIORAL HEALTH SERVICES PROVIDER NETWORK

During FY20 a total of 5,368 unduplicated individuals were served by the Region 3 Behavioral Health Services Network. The duplicated count across the service array was 10,669 individuals including 9,408 (88.2%) adults and 1,261 (11.8%) youth who experienced behavioral health needs.

### ***Behavioral Health Specialists, Inc.***

- \* Short-Term Residential Treatment
- \* Social Setting Detoxification

### ***Families CARE, Inc.***

- \* Transitional Youth Advocate Program
- \* Parent Peer Support
- \* Family Peer Support – Crisis Response

### ***Friendship House, Inc.***

- \* Halfway House

### ***Goodwill Industries of Greater Nebraska, Inc.***

- \* Day Rehabilitation
- \* Day Support
- \* Community Support MH/SUD
- \* Emergency Community Support
- \* Supported Employment
- \* Transition Age Coordinated Employment
- \* First Episode Psychosis - Supported Employment and Education

### ***Live Well Counseling Center, PC (FKA Center for Psychological Services, P.C.)***

- \* In-School Behavior Skills Program
  - o Outpatient/Assessment MH
  - o Therapeutic Consultation
- \* First Episode Psychosis Program
- \* Peer Support

### ***Lutheran Family Services of Nebraska, Inc.***

- \* At Ease Outpatient MH
- \* Vets4Vets Peer Support Program

### ***Mary Lanning Healthcare***

- \* Emergency Protective Custody/ Acute Inpatient
- \* Subacute Inpatient
- \* Post Commitment Inpatient
- \* Emergency Community Support
- \* 24 Hour Crisis Phone

### ***Mid-Plains Center for Behavioral Healthcare Services, Inc.***

- \* Outpatient/Assessment MH
- \* Outpatient/Assessment Dual Disorder
- \* Medication Management
- \* Multisystemic Therapy
- \* Crisis Stabilization Unit
  - o Crisis Stabilization
  - o Social Setting Detox w/Medical Component
  - o Peer Support
  - o Crisis Response Youth/Adult
- \* First Episode Psychosis-Outpatient Therapy

### ***Region 3 Behavioral Health Services***

- \* Network Management
- \* System Coordination
  - o Consumer and Family
  - o Disaster Response
  - o Emergency
  - o Housing Assistance
  - o Prevention
  - o Targeted Response to Opioids
  - o Youth System of Care
- \* Training and Technical Assistance
- \* Emergency Community Support (ERCS)
  - o Jail Diversion ERCS
  - o Transition Age ERCS
- \* Professional Partner Program (PPP)
  - o Traditional PPP
  - o Transitional PPP
  - o Coop for Success
  - o School-Based Wraparound Program
  - o Prevention Professional Partner
- \* Housing Assistance Program MH/SUD
  - o Adults Housing Assistance Program
  - o Transition Age Supported Housing
  - o Women with Dependent Children Housing

### ***Richard Young Behavioral Health***

- \* Emergency Protective Custody/ Acute Inpatient
- \* Subacute Inpatient
- \* Post Commitment Inpatient
- \* Youth Crisis Inpatient
- \* 24 Hour Crisis Phone

### ***Richard Young Outpatient Clinic***

- \* Outpatient/Assessment MH
- \* Medication Management

### ***St. Francis Alcohol and Drug Treatment Center***

- \* Short-Term Residential Treatment
- \* Intensive Outpatient Program
- \* Outpatient/Assessment SUD

### ***South Central Behavioral Services***

- \* Assertive Community Treatment
- \* Psychiatric Residential Rehabilitation
- \* Mental Health Respite
- \* Day Rehabilitation
- \* Day Support
- \* Community Support
- \* Peer Support
- \* Emergency Community Support (ERCS)
  - o Jail Diversion/ERCS (Peer enhanced)
- \* Intensive Outpatient Program
- \* Outpatient/Assessment MH/SUD
- \* Buffalo County Jail Outreach Program
- \* Crisis Response – Youth/Adult

### ***The Bridge, Inc.***

- \* Therapeutic Community SUD

### ***The Lanning Center***

- \* Medication Management
- \* Outpatient/Assessment MH

### ***The Link, Inc.***

- \*Dual Disorder Residential MH/SUD

### ***Women's Empowering Life Line, Inc.***

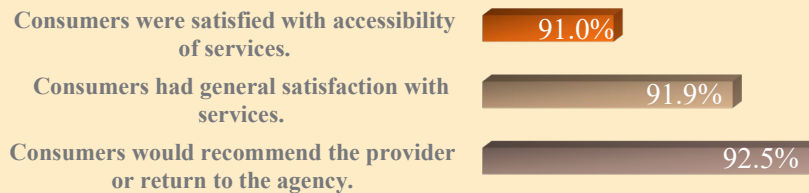
- \*Dual Disorder Residential MH/SUD

**Community-Based Prevention Coalitions:** Area Substance & Alcohol Abuse Prevention, Central Nebraska Council on Alcoholism and Addictions, Inc., County Organization for Prevention & Education (COPE) in Hamilton County, Garfield-Loup-Wheeler (GLW) Children's Council, Grand Island Substance Abuse Prevention Coalition, Meth & Addictions Prevention Strategies (MAPS), Positive Pressure Community Coalition, Sherman County Prevention Coalition, Tobacco Free Hall County, Buffalo County Tobacco Free Coalition, and UNK Alcohol Taskforce.

## QUALITY IMPROVEMENT: PERFORMANCE MEASUREMENT AND REPORTING

The Region 3 Quality Improvement: Performance Measurement and Reporting Plan is designed to improve and sustain satisfaction, access and performance measures for the Region 3 Provider Network. Satisfaction and performance measures are reported for all services, excluding emergency and assessment services. Access measures are tracked and reported for selected services including Housing Assistance, Supported Employment, Short Term Residential and Medication Management.

### Consumer Satisfaction



### Access and Performance

- 100% of the supported housing vouchers were processed and issued within the standardized timeframes and all eligible individuals were offered a safe, stable housing exceeding the target of 95%.
- 63% of individuals referred to Supported Employment were admitted within 14 days of the completed referral falling short of the target of 95%.
- 99% of consumers meeting priority criteria were offered admission to Short Term Residential within 30 days of referral exceeding the target of 95%.
- 83% of individuals discharged from psychiatric inpatient hospitalization were offered a Medication Management appointment within 21 days. This did not meet the target of 95%.
- 87.4% of individuals served through the Region 3 Provider Network were in stable living at discharge exceeding the target of 85%.
- 55.9% of individuals served who were 19 or older were employed at discharge from any service in the Region 3 service array falling short of the target of 65%.
- 90.8% of individuals served in the Housing Assistance Program were in stable living at discharge exceeding the target of 88%.
- 86.7% of those served in Supported Employment were employed at discharge exceeding the target of 75%.
- 97.1% of ERCS consumers had no EPC while enrolled in ERCS and 76.2% achieved or partially achieved their treatment goals.
- 1,290 consumers were served by the Crisis Stabilization Unit. 97.8% were diverted from an EPC and 91.9% were diverted from a voluntary hospitalization.
- There were a total of 39 inpatient commitments which was significantly less than the target of 75 or less for the year. 82.9% of those EPC'd had not been EPC'd within the previous 13 months exceeding the target of 80% and the average days between EPCs for those experiencing multiple EPCs was 83 days falling short of the target of 110 days or more.

### NEBRASKA STRONG RECOVERY PROJECT

During 2019/2020 Region 3 partnered with the other five Regional Behavioral Health Authorities, the Nebraska University Public Policy Center, the Rural Response Hotline, the Nebraska Family Helpline, the Nebraska Department of Health and Human Services, Division of Behavioral Health, local Emergency Management Agencies and Region 3 Network providers to address the ongoing emotional and psychological needs of students, teachers, individuals and families affected by the floods of 2019 and the COVID-19 pandemic. The Nebraska Strong Recovery Project is a mental health outreach program funded through the Federal Emergency Management Administration (FEMA), the Center for Mental Health Services, and the Substance Abuse and Mental Health Services Administration. In the Region 3 area Buffalo, Custer, Hall and Howard counties were declared disaster counties due to the catastrophic impact of the 2019 floods. The impact has continued through 2020 with the lingering economic and psychological impact of this natural disaster. In early 2020, Nebraska began to experience the effects of COVID-19. Additional funding became available to increase our outreach efforts, education, counseling, and support resources for all 22 counties across the Region 3 area.

# EMERGENCY COMMUNITY SUPPORT PROGRAM

The Emergency Community Support Program (ERCS) is designed as a voluntary case management program for transitional age youth and adults who have experienced a behavioral health crisis. This short-term program provides outreaching case management services to the consumer and his/her family. The ERCS coordinator supports the consumer in identifying needs, goals and finding the appropriate resources within their community.

Region 3 ERCS continues to support inmates who experience a behavioral health disorder and are incarcerated at the Buffalo or Phelps County jail as they transition from the jail to their community. This program prevents the revolving door of consumers entering the jail primarily due to their behavioral health challenges.

## Demographics

A total number of 144 individuals were served.

- 93 individuals served by Traditional ERCS
- 22 individuals served by Transitional Age ERCS
- 28 individuals served by Jail ERCS
- 1 individual served by ERCS Outreach

Average age of participants at admission was 38.7 years ranging from 18 to 71 years.

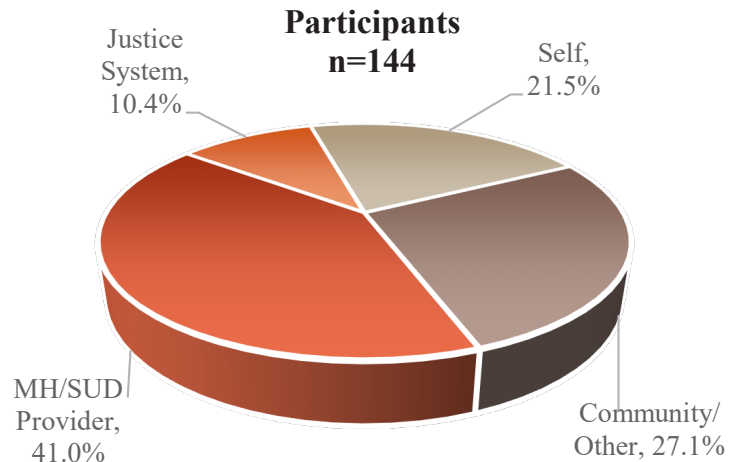
51 (35.4%) participants had substance use treatment prior to ERCS admission. The average number of substance use treatment episodes was 3.4 episodes ranging from 1 to 31 episodes.

6 (4.4%) participants were re-arrested or placed under Emergency Protective Custody while being served by ERCS.

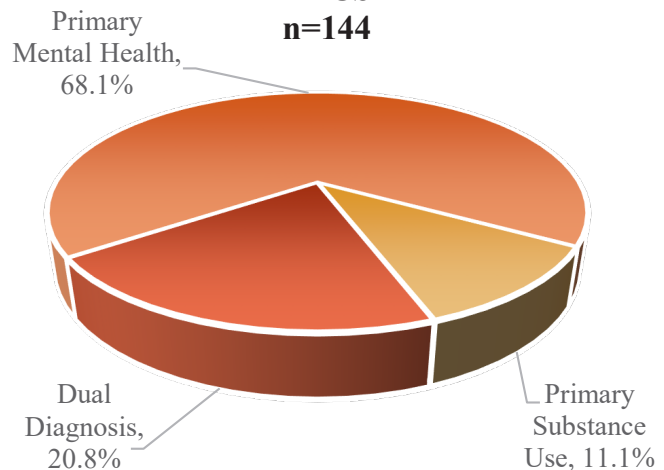
### What consumers say about the Emergency Community Support Program?

- ★ *The case manager I had was very positive, encouraging and easy to work with.*
- ★ *I felt mattered and was genuinely concerned about.*
- ★ *The case manager was great. I couldn't have asked for better.*

## Admission Referral Source of ERCS



## Diagnostic Reasons for Admission to ERCS



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*"The road to recovery will not always be easy, but I will take it one day at a time, focusing on the moments I've dreamed about for so long." Amanda Lindhout*

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## Overview

The program utilizes the Wraparound Approach to coordinate services and supports for youth and young adults between the ages of 3 and 26 with behavioral health needs. Consumers and families have a voice, ownership, and access to a comprehensive, individualized support plan that is strengths-based and family/person centered. The program is culturally responsive and tailored to the unique values and needs of each consumer and family. Referrals can be made by the family, schools, behavioral health providers or any youth serving organization.

A total of 191 consumers were served.

- 162 consumers served by Traditional (PPP)
- 29 consumers served by Transitional Age (TPP)

## Age & Gender

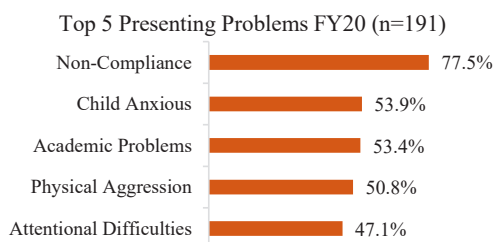
The average age was 13.5 years old at admission. Males represented 56.5% and females represented 43.5%.

## Wraparound Fidelity (WFI-EZ)

The WFI-EZ measures the level of adherence to the Wraparound process that the family receives. The average adherence scores were:

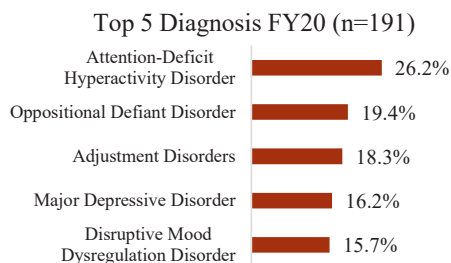
- Caregivers 74.7% (National Mean 72.0%)
- Youth 71.1% (National Mean 69.3%)

## Presenting Problems



## Diagnosis

Consumers must be diagnosed with a mental health disorder in the current edition of the Diagnostic and Statistical Manual (DSM) of Mental Disorders.



## Child and Adolescent Functional Assessment Scale (CAFAS)

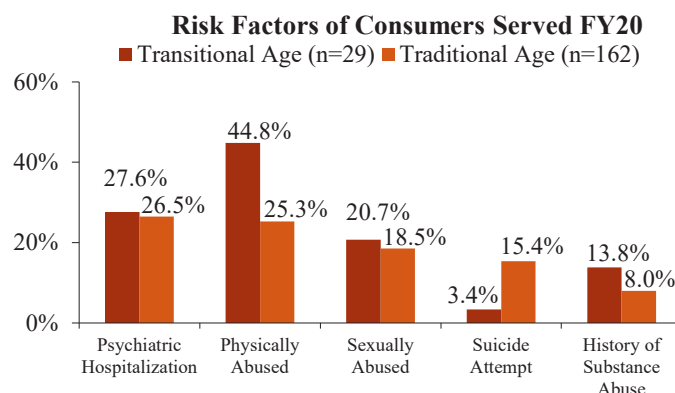
The CAFAS assesses a youth's day-to-day functioning across critical life subscales and determines whether a youth's functioning improves over time.

- 123.5 Intake Average Total Score
- 87.5 Discharge Average Total Score

Consumers discharged (n=85) had an average of 36.0 point decrease in Total Score. The greater the decrease, the more improvement achieved.

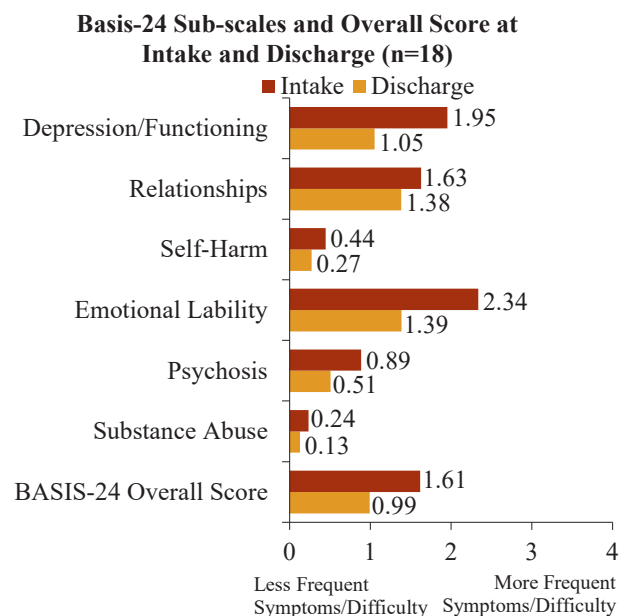
## Risk Factors

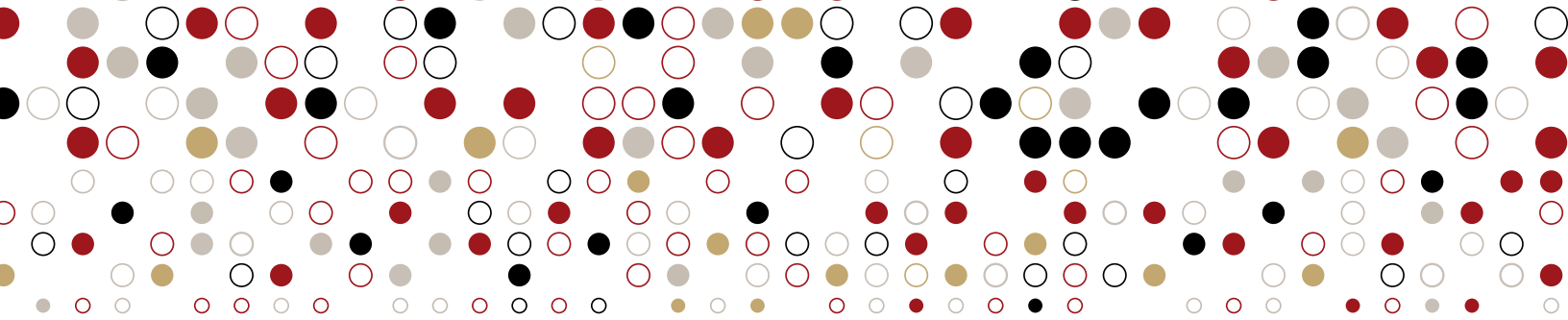
The following are risk factors of transitional age consumers (ages 16-26) compared to traditional age (ages 3-21) consumers at enrollment.



## BASIS-24

The program measures symptoms and functional difficulties for transitional age consumers. Overall, individuals reported less symptoms and functional difficulties at discharge than at intake.





## REGION 3 PROVIDER NETWORK AND PREVENTION COALITION DIRECTORY

### **Area Substance & Alcohol Abuse Prevention (ASAAP)**

835 South Burlington Ave., Ste. 114  
Hastings, NE 68901  
(402) 463-0524

### **Behavioral Health Specialists, Inc. Seekers of Serenity & Sunrise Place**

4432 Sunrise Place  
Columbus, NE 68601  
(402) 564-9994

### **Buffalo County Tobacco Free**

4009 6th Ave., Ste. 65  
Kearney, NE 68845  
308-237-5113

### **Central NE Council on Alcoholism & Addictions, Inc.**

219 W. 2nd St.  
Grand Island, NE 68801  
(308) 385-5520

### **Central Nebraska LOSS Team**

308-217-0359  
<http://centralnebraskalos.wixsite.com/cneloss>

### **County Organization for Prevention & Education (COPE) in Hamilton County**

219 W. 2nd St.  
Grand Island, NE 68801  
(308) 385-5520

### **Families CARE, Inc.**

4111 4th Ave., Ste. 2  
Kearney, NE 68845  
(308) 237-1102

### **Friendship House, Inc.**

406 W. Koenig  
Grand Island, NE 68801  
308-675-3345 ext. 18

### **Garfield-Loup-Wheeler (GLW) Children's Council**

PO Box 310  
Burwell, NE 68823  
(308) 346-4284

### **Goodwill Industries of Greater Nebraska, Inc.**

1804 S. Eddy  
Grand Island, NE 68802  
(308) 384-7896

### **Goodwill Industries of Greater Nebraska, Inc.**

4009 6th Ave., Ste. 45 & 48  
Kearney, NE 68845  
(308) 455-1400

### **Goodwill Industries of Greater Nebraska, Inc.**

835 S. Burlington St., Ste. 112  
Hastings, NE 68901  
(308) 440-9206

### **Grand Island Substance Abuse Prevention Coalition**

219 W. 2nd St.  
Grand Island, NE 68801  
(308) 385-5520

### **Live Well Counseling Center, PC (FKA Center for Psychological Services, P.C.)**

125 E. 31st Street  
Kearney, NE 68847  
(308) 234-6029

### **Lutheran Family Services of Nebraska, Inc.**

1811 W. 2nd St., Ste. 440  
Grand Island, NE 68803  
(308) 382-4255

### **Mary Lanning Healthcare/ The Lanning Center**

715 N. St. Joseph Ave. (Inpatient)  
Hastings, NE 68901  
(402) 463-5973

835 S. Burlington, Ste. 108 (Outpatient)  
Hastings, NE 68901  
(402) 463-7711

### **Meth & Addictions Prevention Strategies (MAPS)**

219 W. 2nd St.  
Grand Island, NE 68801  
(308) 385-5520

### **Mid-Plains Center for Behavioral Healthcare Services, Inc.**

914 Baumann Dr.  
Grand Island, NE 68803  
(308) 385-5250 OR (800) 515-3326

### **Positive Pressure Community Coalition**

PO Box 1466  
Kearney, NE 68848  
(308) 865-2283

### **Region 3 Behavioral Health Services**

4009 6th Ave., Ste. 65  
Kearney, NE 68845  
(308) 237-5113

### **Richard Young Behavioral Health/ Outpatient Clinic**

1755 Prairie View Place  
Kearney, NE 68845  
(800) 930-0031 (24/7)  
(308) 865-2000 (Inpatient)  
(308) 865-2249 (Outpatient)

### **Sherman County Prevention Coalition**

120 N. 6th St.  
Loup City, NE 68853  
(308) 745-0127

### **St. Francis Alcohol & Drug Treatment Center**

2116 W. Faidley Ave.  
Grand Island, NE 68803  
(308) 398-5427

### **South Central Behavioral Services**

3810 Central Ave.  
Kearney, NE 68847  
(308) 237-5951

### **South Central Behavioral Services**

616 W. 5th St.  
Hastings, NE 68902  
(402) 463-5684

### **The Bridge, Inc.**

907 S. Kansas  
Hastings, NE 68901  
(402) 462-4677

### **The Link, Inc.**

305 N 9th St.  
Norfolk, NE 68701  
Phone: 402-999-4771

### **Tobacco Free Hall County**

219 West 2nd St.  
Grand Island, NE 68801  
Phone: 308-385-5520

### **Women's Empowering Life Line, Inc.**

910 West Park Ave.  
Norfolk, NE 68701  
Phone: (402) 371-0220

### **UNK Alcohol Task Force Peer Health Education MSAB**

Kearney, NE 68849  
308-865-8092

