



**MEETING OF THE  
REGION 3 BEHAVIORAL HEALTH ADVISORY COMMITTEE**

January 16, 2025

**MINUTES**

1. Welcome and Introductions

Grace Mims welcomed everyone to the meeting and introductions were conducted.

- Gary Quandt, Hall County Regional Governing Board Member
- Tiffany Gressley, Region 3 Behavioral Health Services
- Elaine Anderson, Vocational Rehabilitation
- Kayl Dahlke, Region 3 Behavioral Health Services
- Jeremy Jones, Hall County Sheriff Department
- Jackie Klein, Family Member
- Suzanne Davis, Region 3 Behavioral Health Services
- Grace Mims, Ph.D., UNK Counseling and School Psychology
- Hayley Jelinek, Two Rivers Health Department
- Jenny Dolence, Families CARE
- Jen Puls, Region 3 Behavioral Health Services
- Tammy Fiala, Region 3 Behavioral Health Services

2. Posting of Open Meetings Act

Tiffany Gressley reviewed the intent of the Open Meetings Act with the Behavioral Health Committee Members. She explained how advanced publicized notice of meeting information is in the Grand Island Independent, The Hastings Tribune, and The Kearney Hub allowing the public has an opportunity to participate in meetings.

3. Comments from the Public

There were no individuals from the public in attendance of this meeting so there were no public comments.

4. Review of Meeting Minutes

- a. March 21, 2024 Meeting Minutes
- b. July 18, 2024 Meeting Cancelled, no quorum
- c. October 17, 2024 Meeting Held, no quorum

Grace Mims made a motion to approve the minutes. Gary Quandt seconded the motion. The motion passed unanimously.

5. Region 3 Consumer Specialist Report

- a. Region 3 Consumer Focus Group Results

Tammy Fiala said she conducted a focus group using resources from Well Being Initiative with adults with mental health and/or substance use disorders, youth with behavioral health disorders, and parents of youth with behavioral health disorders. She shared a document

with results of the focus group. One of the groups wanted information highlighted in the focus group results, “Accessibility and Safety for LGBTQ+.” Tammy said they want safe space to be themselves in school and their communities. Tammy asked for any suggestions on how to follow-up to email her at tfiala@region3.net.

b. Region 3 Consumer Survey 2024

Tammy Fiala used information from Well Being Initiatives for a survey sent to all Network Providers to give to all individuals served through their provided services. There were 47 surveys returned. Tammy said there were a good mix of responses. She asked if the committee had any questions. There was none.

6. Presentation of the FY24 Region 3 Impact Report

Tiffany Gressley said the FY24 Region 3 Impact Report had been emailed to this committee. Tiffany provided a Power Point presentation of highlights covering Fiscal Year 2024, which is July 1, 2023 to June 30, 2024. Tiffany said FY24 Expenditures were \$12,742,954 through 80.0% Direct Services, 8.1% System Enhancements, 7.2% System Coordination, and 4.7% Regional Administration and Network Management. Tiffany described the Region 3 Fiscal Management responsibilities. Network Management and System Coordination of the Region 3 service area ensures contractual obligations of the Division of Behavioral Health, which includes 15 Community-Based Network Providers and 6 Community Coalitions for Prevention Activities. Tiffany said there were a total of 4,067 unique individuals served with 87.2% were adults 19 and older and 12.8% were youth 18 and younger. Individuals often participate in more than one service a year as shown by the duplicate count of 7,546 people.

Tiffany shared information and highlighted the Prevention System Coordination, the Youth System of Care, Behavioral Health Consumer and Family Coordination, the Emergency Psych System, Region 3 Housing Assistance Program, Region 3 Network Access and Performance Outcomes, Region 3 Emergency Community Support, and Region 3 Professional Partner Program.

7. Conflict of Interest Policy and Statement Review

Tiffany Gressley explained that the Conflict of Interest Policy and Statement is reviewed annually with BHAC members and Regional Governing Board members. She said please disclose if you believe you have any conflicts. Jen Puls will email the document to all BHAC members, then members would complete the forms and either email or mail the completed form to the Region 3 office.

8. Region 3 Quality Improvement

a. FY25 1<sup>st</sup> Quarter Quality Improvement Report

Kayl Dahlke reviewed the 1<sup>st</sup> Quarter (July through September) outcomes of the FY2025 Network Quality Improvement Plan: Performance Measurement and Reporting document. Kayl highlighted the outcomes for individual satisfaction measure, access measure, and performance measures. Access measures include Housing Assistance Program, Supported Employment, Short Term Residential, and Medication Management. Performance Measures include goals for stable living at discharge, consumer confidence, and employment at discharge, Supported Employment, Housing Assistance Program, Crisis Services, Professional Partner Program, Crisis Stabilization Unit, Transitional Age Coordinated Employment, Co-Responder Program, Strategic Opioid Response (SOR), Network Management, Peer Support, and Recovery Support Program. He said red numbers meant the targets were not met and the far column showed the number of individuals for each goal. Kayl explained how some measures were only collected semi-annually.

b. Region 3 2025 Stakeholder Survey

Kayl Dahlke said Nathan Canfield is emailing the Stakeholder Survey either this week or early next week. The email would contain a survey monkey link or an attachment of an electronic copy. The completed surveys could be emailed or mailed back to Region 3, if not completed through the Survey Monkey link. Tiffany said please take few minutes to complete the survey, we use the data collected as part of our annual strategic plan, and we are hoping for a good return rate.

9. Regional Administrator Report

a. FY25 Budget Update

Tiffany Gressley said we are closely monitoring the budget with the intent to have 100% drawn down. This past fall we were looking at potentially 103% draw down for the fiscal year. She said in the spring we have drawn down more with different expenses that occur in the spring. We are working with the Division of Behavioral Health and talking to Legislature as it is important to show the need for services. Tiffany said she believes that Region 3 is on track for spending in Fiscal Year 2025. Grace Mims asked if last year there was a big budget cut. Tiffany said Region 3 had a \$2.4 million cut. Tiffany said if the drawdown is the same amount as last year, we will be over budget.

b. FY26 Regional Budget Planning Timeline

Tiffany Gressley reviewed the FY26 Regional Budget Plan Timeline and Approval Process document, highlighting specific events. She said Region 3 did not receive the final allocation on January 10, 2025 as expected. January 27, 2025 we will be meeting with our Network Providers and conducting a budget planning session. We will be reviewing the proposed FY26 budget March 20, 2025 to the Behavioral Health Advisory Committee, then March 21, 2025 reviewing with the Regional Governing Board, once approved by both groups, Region 3 will submit to the Division of Behavioral Health on March 21<sup>st</sup>. If there were any changes made by the Division of Behavioral Health to the FY26 Regional Budget Plan, there would be a presentation to the Regional Governing Board at the May 23, 2025 meeting. Contracts go into effect July 1, 2025.

c. Legislative Update

Tiffany Gressley said the legislature convened last week and senators have introduced a lot of legislative bills. The Governor released his budget yesterday. Tiffany said the Nebraska Association of Regional Administrators (NARA) monitors bills closely in partnership with NABHO (Nebraska Association of Behavioral Health Organizations). Both groups monitor and develop spreadsheets identifying bills that impact behavioral health, including a brief synopsis of impact Tiffany said she squeezed in a meeting with Stan Clouse and Live Well Counseling on Jan. 2<sup>nd</sup>. Senator Clouse encouraged us to send talking points on bills and he was willing to talk to other senators if needed on our behalf.

d. NACO Conference Presentation

Tiffany said the Health and Human Services Committee of NACO (National Association of County Officials) hosted a Senator Breakfast on Monday morning in Lincoln with the Regional Behavioral Health Authorities and Area Agency on Aging Directors for a meet and greet to share information about the role of the regions. The meeting went well and four senators from the Region 3 area were in attendance.

e. NACO HHS Committee

Tiffany said she served on a panel in December during the annual NACO conference held in Kearney. The breakout session focused on the Opioid Settlement Fund and she described the

process that regions were using to distribute funds to communities. She said NACO has also reach out to her to be on another panel.

10. Networking and Other
  - Elaine Anderson, Vocational Rehabilitation (VR), asked if there were any positions open for a specific education level person. The committee had none.
11. Date of Next Meeting:

The next Behavioral Health Advisory Committee Meeting would be Thursday, March 20, 2025 from 1:30 p.m. until 3:00 p.m. FY26 Regional Budget Plan Presentation via Zoom. The remaining 2025 Behavioral Health Advisory Committee Meeting dates will be in person at Region 3 Behavioral Health Services 4009 6<sup>th</sup> Ave Suite 65, Kearney on July 17, 2025 and October 16, 2025.
12. Adjourn  
Grace Mims adjourned the meeting.